

OSHER
LIFELONG
LEARNING
INSTITUTE

OLLI

at Granite State College

Spring 2022 Catalog | Concord | Mt. Washington Valley | Greater Manchester | Seacoast | Zoom



Come for the Classes. Stay for the Friends.

A membership program providing lifelong learning, social and travel opportunities for adults age 50 and better.

OLLI

at Granite State College

**MEMBER
SPOTLIGHT**

Jan & Mike Baker
Class of 2017



Meet OLLI Members, Jan and Mike Baker

Moving to a new community as a senior can be a challenging and isolating experience. With only a few neighbors to guide us, we had to establish ourselves with a new church, new medical professionals, and do all the little things that we had taken for granted for so many years.

Then we discovered OLLI. We took several classes found them to be enriching and we thoroughly enjoyed engaging with other adult learners. We were so impressed

by the welcoming atmosphere extended to new members and we looked forward to the informal conversations before and after the classes. Above all, we were struck by the caliber of volunteer presenters so willing to share their expertise. Truly, it was 'learning for the fun of it.'

It was not long before we became volunteers ourselves and that's when the tag line of "Come for the Classes, Stay for the Friends" really kicked in. Whether it was attending

a committee meeting or having a meal with the Lunch Bunch or going on an OLLI sponsored trip, we found ourselves surrounded by friendly, interesting members, many of whom have become our treasured friends.

OLLI not only assisted in our transition to a new area, but it also became a community within a community. We feel honored to be part of this vibrant program and hope in some small way we can contribute to its success.

Welcome to Osher Lifelong Learning Institute (OLLI)

Welcome to Osher Lifelong Learning Institute at Granite State College (OLLI at GSC). OLLI is in its 17th year as a learning for the fun of it, member-driven, volunteer-based educational program for lifelong learners age 50 and better. We value high standards of program excellence with an emphasis on educational and social enrichment, volunteerism, fiscal sustainability, a diverse membership, mutual respect, and member safety. OLLI Courses are not for credit, there are no tests or grades.

OLLI at Granite State College Remains Strong and Viable Despite COVID-19!

Our objective is to ensure that courses and social events continue to provide members with a first-rate experience in a manner that is safe and includes precautions for your well-being.

The spring 2022 courses offer a mix of both on Zoom and in-person, as well indoor and outdoor activities throughout the state. Although COVID protocols will be in place, GSC encourages participants to take personal responsibility for their own health.

The Lifelong Learning Experience, come for the classes and stay for the friends! Social events, volunteer opportunities, cost-free complimentary programming, opportunities to engage in classes at our sister OLLIs, and the Outlook newsletter, enhance the member experience and provide additional opportunities for adults 50 and better to remain active and purposeful. This is what lifelong learning is about!

OLLI is a self-sustaining program of Granite State College (GSC) supported by program fees, in-kind contributions from GSC, endowments from the Bernard Osher Foundation, member donations and local corporate sponsorships. We are one of 125 OLLIs at colleges and universities nationwide, representing more than 167,000 members, 25,718 active volunteers serving 380 cities and towns.

➔ To learn more about Osher Lifelong Learning Institutes across the USA visit: <http://nrc.northwestern.edu/>

Become an OLLI Member

Membership in OLLI offers you the opportunity to participate in the full range of offerings. Low-cost memberships (\$40) are valid for one year. There are three ways to join. You may:

- 1. Complete the secure online application found on the OLLI website:** [Membership Application](#)
- 2. Print and complete the OLLI Membership/Registration Form found at:** [Registration Form](#) with your \$40 check to the OLLI office, 25 Hall Street, Concord, NH 03301. Please use a separate registration form and a separate check for each member applying.
- 3. Phone the OLLI office with your credit card: 603-513-1377**

Contact Us

OLLI staff are available to assist you:

- Email us: olli.office@granite.edu
- Call us: 603-513-1377
- Visit our website: olli.granite.edu
- Write us: OLLI at Granite State College, 25 Hall Street, Concord NH 03301

Registration

- Online registration (members only) for classes will open on **Monday, February 7, 2022 at 9:00 AM.**
- Phone registrations for both members and nonmembers are available Mondays - Thursdays 9:00 AM - 4:00 PM.
- Mail-in registration forms can be sent to OLLI at Granite State College, 25 Hall Street, Concord NH 03301.
- All registrations, including free offerings, will result in an e-mailed confirmation receipt. If you do not get a receipt, please check your e-mail spam folder.
- Registrations for Zoom courses are encouraged at least three (3) days prior to the scheduled start date to ensure you receive the course link, appropriate handouts, and content in advance.

For important information about policies including refunds, withdrawals, wait lists, credit card security and more please visit: olli.granite.edu/policies



Would you like some help learning how to Zoom?

Register for a free Zoom 101 course with OLLI and we'll show you how it's done!

Our single session Zoom courses will be available in February to both members and nonmembers. Over 500 people have participated in these complimentary courses since they were first offered in March 2020.

➔ [Register for a FREE Zoom Class Now](#)

Course Listing by Subject

Category Abbreviation

Concord - **C** | Greater Manchester - **M** | Mt. Washington Valley - **W** | Seacoast - **S** | Zoom - **Z**

Arts & Humanities

Art Appreciation

- Investing in Joy: Enhancing Your Home with Art & Craft (Preston) Z
- New Hampshire NOW: A Photographic Diary Gallery Visit & Talk (Samson) M
- Norman Rockwell's "Four Freedoms:" A History & Reinterpretation (McDermott) C
- Paddling the Rivers of the Canadian Arctic Wilderness (Zeller) C
- Quilts, Coverlets, & Rugs: How We Have Covered Our Beds (Cataldo) Z
- Russian Art: From the Slavs to the Soviets (Holmes) Z

Creative Art

- Creating a Williamsburg Basket (Libby) W
- Knitting: Creating New Stitch Patterns (Perry) W
- Take Better Pictures, Learn from a Pro (Bowman) C
- Weaving a Tulip Decorated Basket for Spring (Perry-Mann) C



Arts & Humanities

Film

- Films: Madness & the Movies IX (Soreff) M
- Films through the Decades II (Jones) M

Language

- Having Fun with English (Sweetland) Z

Literature

- Best Books 2022 (Cummings) W
- Conflicting Images of Human Ideals (Mahoney) M
- Great Women Poets (Russell) Z
- Hawthorne with a “w” (Strang & Baker) C
- Hawthorne with a “w” (Strang & Baker) Z
- How to Read & Enjoy a Poem (Cronin) Z
- John Banville’s The Sea (Castle) Z
- Minor Writers, Major Stories II (Baker) Z
- Science Fiction & Getting Old (Shaine) Z
- The New Yorker (Jones & Monnelly) M
- The New Yorker (Jones & Monnelly) Z
- The Sibling Factor in Jane Austen (Peterson) W



History

- Acadians: A Story of Tragedy & Survival (Strang) C
- Female Spies: Women in Espionage (Shenton Matchett) C
- Forgotten Plane Wrecks of New Hampshire (Wallner) C
- Involuntary Americans: Scottish Prisoners in Early Colonial New England (Gardner) Z
- Korean War: From Pusan to the Chosin Reservoir (Hess) C
- Loyalists: The Other Side of the American Revolution (Strang) S
- Making of the U.S. Constitution (Gould) Z
- New Hampshire at War (Walton & Kelly) C
- Normandy to Cold War: How Did it Happen? (Freiberger) S
- On the Trail with Lewis & Clark (Feren) Z
- Parochial Schools in the 1950s - 1960s: Truths & Myths (Perreault) M
- Rise of the Nazis: Lessons for Democratic Citizenship (White) Z
- Small Town, Big Oil (Sandberg, Dudley & Moore) Z
- Spies, Lies, & Sunken Subs (Isaak) S
- The Ruptured Ducks of Canterbury (Stevens) C
- Trails to Indigenous New Hampshire (Mahoney) Z

Personal Enrichment

Aging

- Both Sides Now: Reflections for Women at Midlife (Tracy) Z
- If You Don't Do It, Who Will? Funeral & Cremation Options (Phaneuf-Plasz) Z
- Plan Your Own Funeral or Memorial Service: It Can Be Fun (Van Zandt) M
- Rebalance, Recharge, & Love the Rest of Your Life (Gemmecke) W

Games

- Bridge for Your Brain: Commonly Used Conventions, Part I (Weinstein) Z
- Introduction to Chess (Pajakowski) M
- Mah Jongg for Beginners (Bergoffen) W

Gardening

- Growing a Garden or Meadow for Pollinators (Miller) C
- Growing Your Own Food: Organic Gardening for Beginners (Brooks) W
- Plants, Packets, Pots, & Promise: The Buying & Selling of Seeds and Plants in America (Bragg) C

Personal Enrichment (Continued)

Health, Nutrition, & Wellness

- An Introduction to Tai Chi: Benefits for Healing & Wellness (Halacy) S
- Better Cooking through Chemistry (Honan) W
- Food Fads: Have We Always Been So Gullible? (Janson-Sand) Z
- Garden to Table Cooking (Young) Z
- Good Food, Good Mood: Living Your Best Life (Robinson) Z
- I Can't Sleep. What Can I Do? (Schuman) Z
- Mother Nature's Mindfulness: A Feast for the Senses (Dwyer) M

Personal Development

- Awakening Wisdom & Compassion (Romaine) Z
- Demystifying, Decluttering, & Downsizing (Martin) Z
- How to Have Difficult Conversations (McKim) Z
- Nonsense: It's All 'BS' Folks: A Satirical View of 21st Century America (Hebert) C
- Self-Publishing: Process, Pitfalls, & Payoff (Schilling) Z
- Welcome to the Mt. Washington Valley (Gemmecke) W

Science & Technology

Computers, Smartphones, & Tablets

- Learning the iPhone & iPad (Jones & Nelson) C
- Say Hello to Your Smartphone (Smolen) W
- Zoom 101 Introduction to Zoom: Personal Computers (PC), Laptops, Notebooks (McDonnell) Z

Mathematics

- Ace, Bridge, Craps: Math Fun & Reasoning with Friends (Faulkner) C
- Algebra Based Calculus: Not Hazardous to Your Health (Faulkner) S

Sciences

- Ask Me Anything: Meteorology Q&A (Arnold) Z
- Camp Century: Greenland's "City Beneath the Ice" (Rock) Z
- Hurricanes: How They Form & Function (Arnold) Z
- Romantic Behavior: The Fascinating World of Animal Courtship (Dwyer) Z
- Yuka the Artic Fox (Laycox) M

Social Sciences

Philosophy

- Gabriel Marcel: An Existentialist Vision of Hope (Mahoney) M
- Socrates Cafe (Epstein) W

Politics & Current Events

- 2022 Midterm Elections: A Preview to the Next “Greatest Political Show on Earth” (Hess) C
- Amirs, Presidents, and Hijabis: Political Islam in Practice (Voll) Z
- Consequential Decisions: The U.S. Supreme Court in Law & Politics (Rooks) Z
- Great Decisions, Part I (McDonnell) Z
- Immigration Policy Under President Biden: A Broken System & More of the Same? (Bruno) Z
- Ranked-Choice Voting: The Australian Way (Meyers) Z

Sociology, Religion, & Culture

- Amazon, Facebook, Google, Twitter: Too Big? Too Powerful? What Next? (Hess) C
- How to Bring Change to a Poor Community (Williams) Z
- Jewish Resistance During the Holocaust (Yelgin) Z
- Near-Death Experience & Eternal Life (Carr) Z
- Reparations in New Hampshire (McKim) Z
- Things Are Better Than You Think (Isaak) Z

Exploring the Community

- Drum Circle & Percussion (Steer) M
- Forerunner of the Future: Visit the USS Albacore (AGSS-569) Submarine (Violette) S
- From Our Farm to Your Table: Tour Miles Smith Farm (Soule) C
- History of Jazz Guitar (Zanini) M
- Introduction to Piano (Leahy) M
- It’s Time to Make the Bagels (Dahlmeyer) W
- Jewish Lifecycles (Nafshi) C
- Jewish Lifecycles (Nafshi) Z
- Mt. Kearsarge Indian Museum Tour (Bullock) C
- Pierce Manse and the Eagle Coffee House (Davis) C
- Women Composers at the Piano II: More Examples of Unsung Brilliance (Langley) S

Outdoor Adventures

- Around the Historic New Hampshire State House (Drew) C
- Canterbury Shaker Village Tour C
- Explore Bedrock Gardens (Forti) S
- Explore Odiorne Point State Park (Russell) S
- Great Bay National Wildlife Refuge Walk (Russell) S
- Hike the Kuncanowet Town Forest in Dunbarton (Hendry) C
- Kayaking the Contoocook (Frankel) M
- Portsmouth Naval Shipyard Tour: From Sails to Atom (Gluckert) S
- Sanborn Mills Farm Tour: No Time Like the Past (Cabot) C
- Spring Birding Extravaganza (Dwyer) M
- Spring Birding in the Mount Washington Valley (Lee) W
- Tour the Merrimack River Flood Plain in Concord (Anderson) C
- Visit Pulpit Rock: Glaciation at its Finest (Hendry) M
- Walk Around Wagon Hill Farm (Russell) S
- Winter Tracking (McEvoy) W



Course Listing In Order

Arts & Humanities

Art Appreciation

Investing in Joy: Enhancing Your Home with Art & Craft

Art can lift your spirits, make you think, enhance your memories, and make your home beautiful. It can also create friendships, take you on adventures, or allow you to see the world differently. You can add art objects to your home even if you have a tiny budget. An origami crane or a handmade mug bought from a street artist can be as meaningful as a more expensive painting. How do you find interesting art objects? How do you know it is worth the asking price? What about reproductions? Have you been intimidated by not knowing the lingo? What is “good” art? Hint, it definitely is in the eye of the beholder but there are some things to look for. Come learn how you can enhance your spirits through your art collection.

Presenter: Emily Preston is a retired wildlife biologist with a passion for art. She is an accidental collector of art who started by buying from artists, then through galleries, and during her travels. Suddenly Preston had an eclectic collection not just of art, but of artist friends, stories, and memories of the works she didn't buy.

Member tuition: 20.00 | 1 F: 4/1/2022 | 10:00AM - 12:00PM | Class Limit: 100
 Online - Virtual by Zoom

New Hampshire NOW: A Photographic Diary Gallery Visit & Talk

New Hampshire NOW is a three-year photographic record of daily life in the Granite State inspired by the Farm Security Administration photography documenting life in America during the Great Depression. This project, which involved forty-six photographers making thousands of images, created a twenty-first-century portrait of the people, places, culture, and events in New Hampshire. The body of work illustrates a book by the same title and is also featured in eight exhibitions around the state.

Presenter: Gary Samson notes his love of photography began as a teenager with a summer job at the Manchester Historic Association. He is a filmmaker and photographer known for his work in large format portraiture and his mastery of 19th century photographic techniques. Samson is an award-winning photographer and seventh New Hampshire Artist Laureate and served as project director for New Hampshire NOW.

Member tuition: 20.00 | 1 W: 3/30/2022 | 2:00 - 3:00PM | Class Limit: 15
 Roger Williams Gallery, Institute of Art and Design at New England College, 77 Amherst Street, Manchester, NH, 03101

Norman Rockwell's "Four Freedoms:" A History & Reinterpretation

This presentation tells the story of Norman Rockwell's "Four Freedoms" series for "Saturday Evening Post" in 1943. The publication of these images played an important role in encouraging public support of American war efforts. In addition, we will look at the world that Rockwell created through his long career as an illustrator, discuss how the artist and his editors constructed that world and explore the ways in which contemporary artists have responded to Rockwell's images.

Presenter: Inez McDermott has been a professor of Art History at New England College since 2000. In her courses she encourages students to examine the role of art in public life and to discover the ways in which the creative process can play a role in social engagement, participatory democracy, and activism.

Member tuition: 20.00 | 1 Th: 3/24/2022 | 10:30AM - 12:00PM | Class Limit: 30
GSC Concord, 25 Hall Street, Concord, NH, 03301

Paddling the Rivers of the Canadian Arctic Wilderness

Explore the rugged Canadian Arctic through the photographic journey of a small group of canoeists planning and navigating a several hundred-mile excursion through the wilderness.

Presenter: Bill Zeller is a lifelong resident of Dunbarton, NH. He is a graduate of the University of New Hampshire and has a Master's degree from the University of Vermont. The majority of his free time has been spent in a canoe or sea kayak and traveling throughout the U.S. and Canada. Zeller is a certified white water canoe instructor as well as a sea kayak instructor and a retired teacher and administrator.

Member tuition: 20.00 | 1 M: 4/25/2022 | 6:00 - 8:00PM | Class Limit: 50
GSC Concord, 25 Hall Street, Concord, NH, 03301

Quilts, Coverlets, & Rugs: How We Have Covered Our Beds

Many of us have a cherished quilt or coverlet, or we have admired ones we've seen in shops, inns, or museums. Who made these treasured textiles, and how and where were they made? In this course you will learn about the bed coverings of Europe and North America. The first two-hour class will explore the woven coverlets and rugs; the second will focus on sewn quilts.

Note: This is an exploration of the history of bed coverings, not a 'how-to' course. If you have a vintage quilt or coverlet at home, you are welcome to share it with the class.

Presenter: Monica Cataldo is a retired teacher who majored in American History. She dabbles in all fiber arts and loves to research the stories behind them. Cataldo is a member of the New Hampshire Weavers Guild.

Member tuition: 25.00 | 2 M: 5/2/2022 - 5/9/2022 | 1:00 - 3:00PM | Class Limit: 40
Online - Virtual by Zoom

“ Since I joined OLLI at Granite State College, I've found many things to be thankful for. I've found several new, great friends, I've attended stimulating classes, and I've had a ball just getting to know how a group of folks can work together and get so many great things done.”

- **Bob Muzerall**, Class of 2018

Russian Art: From the Slavs to the Soviets

Throughout Russia's history, art was often made in the service of power and politics. Ultimately, however, it is the people's art which covers over a thousand years and a vast continent. In this course, we will reflect on both Eastern and Western influences as we learn about the history, materials and processes of Russian art. Three class sessions will include: Novograd, the Slavs, and Icons; Peter the Great and Imperial Arts; Revolution, Modernism, and Propaganda.

Presenter: Betsy Holmes is an artist and librarian and has taught art history at New Hampshire Institute of Art, Saint Anselm College, and New England College. Holmes loves sharing her passion about art - it's not about dates, it's about people!

Member tuition: 30.00 | 3 F: 3/11/2022 - 3/25/2022 | 10:00AM - 12:00PM | Class Limit: 35

Online - Virtual by Zoom

Creative Art

Creating a Williamsburg Basket

During this course you will create a basket that will be 5 x 8 inches at the base and 8 x 10 inches at the top, with a Williamsburg Handle. This is a basic basket for those new to the craft. Come to have fun and learn a new craft.

Presenter: Pat Libby is a retired teacher who loves creating baskets. For years she has taught the craft at the New Gloucester, Maine, Shaker settlement.

Member tuition: : 25.00, Note: Course includes a material fee of approximately \$25.00 (payable to the presenter at the first class meeting). 2 Th: 3/24/2022 - 3/31/2022 | 1:00 - 4:00PM | Class Limit: 8

Gibson Center for Senior Services, 14 Grove Street, North Conway, NH, 03860

Knitting: Creating New Stitch Patterns

Learn about the five different knit blocks. Attendees need to bring #8 straight needles and 4 ply yarn in any color or colors they choose, depending on what colors you would like for the final items. During this course, you will learn how to sew your final blocks together, making various items, such as a pillow top, place mats, or a throw.

Presenter: Sandy Perry has a Master's degree in speech pathology and audiology and a PhD in deaf education. She presently teaches "A Matter of Balance" and "Tai Ji Quan" classes at Gibson Center and Memorial Hospital. Perry has been knitting for more than 50 years and is currently teaching a knitting class at Silver Lake Landing.

Member tuition: 40.00 | 5 W: 4/6/2022 - 5/4/2022 | 10:30 - 11:30AM | Class Limit: 8

WMCC, Academic Learning Center, 2541 White Mountain Hwy, N. Conway, NH, 03860

Take Better Pictures, Learn from a Pro

Did you know that over 400 million photos are uploaded every day to Facebook and Instagram? Do you ever wish you could take better photos with your smart phone or digital camera? Have you ever looked at professional photos and wondered how they were created? This photography course is designed for anyone, regardless of skill level, or type of equipment, and will provide useful tips to help you create better still life pictures.

Presenter: Ron Bowman is a New Hampshire photographer with more than fifty years of experience in retail, wedding, real estate, and landscape photography. He founded and was president of a photography club and is a new member of the League of NH Craftsmen.

Member tuition: 20.00 | 1 Th: 4/21/2022 | 1:00 - 2:30PM | Class Limit: 25
GSC Concord, 25 Hall Street, Concord, NH, 03301

Weaving a Tulip Decorated Basket for Spring

Join this course to learn how to create your own pretty 8" round Tulip Basket. It has a wooden slotted base, plus strips and curls of dyed reed will form "tulips" to embellish the outside. There will be a 30-minute lunch break and the presenter is happy to stay beyond 3:00 (if needed) to ensure you return home with a successfully completed basket. Tools will be available for class use and it's helpful to have strong hands!

Presenter: Diane Perry-Mann has always loved being creative and has a degree in Art from the University of New Hampshire. Although she has worked with many media, basket weaving has been her latest involvement. Now retired, Diane has been teaching locally to allow others to find the pleasure and appreciation of basketry.

Member tuition: 20.00, Note: \$18.55 materials fee will be added to you registration. Total cost is \$38.55
1 Sa: 3/5/2022 | 10:00AM - 4:00PM | Class Limit: 10
GSC Concord, 25 Hall Street, Concord, NH, 03301

Film

Films: Madness & the Movies IX

Films have a long history of portraying mental illnesses in its many dimensions. They have shown the patient to be either a monster or a victim; the therapists as either scheming villains, bungling fools or compassionate heroes; and mental institutions either as chambers of cruelty or corridors of caring. In this course, we will look at eight films revealing the cinematic approach to mental illness and how each movie helps us to understand mental illness. This semester will offer all the exciting newer films depicting mental illnesses as well as some of the classic movies from earlier courses.

Presenter: Stephen Soreff, M.D., is a nationally known author, lecturer, and teacher in the field of mental health services. He has authored ten books including: "The Handbook of the Treatment of the Seriously Mentally Ill", "The Documentation Survival Handbook", and "EMS Street Strategies, Edition 2" as well as his most recent book, "Life's Dueling Dualities: A Grandfather's Legacy of Wisdom."

Member tuition: 55.00 | 8 W: 4/13/2022 - 6/1/2022 | 9:30AM - 12:00PM | Class Limit: 16
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Films through the Decades II

View and discuss eight films covering different traditions, technologies, and perspectives, dating from 1927 through the present. The films do not have a single theme, but all do explore the relationship of the individual to his/her society. We will discuss the background of each film, its thematics and techniques, and why it may be regarded as a "classic." The films for the Spring 2022 semester will include Safety Last (1923), Modern Times (1936), Nights of Cabiria (1957), Closely Watched Trains (1968), Stalker (1979), Farewell My Concubine (1993), Whale Rider (2003) and The Lunchbox (2013).

Presenter: Bob Jones is a lifelong film fanatic, avid outdoorsman, skilled computer user, and fan of New Yorker Magazine. Bob shares his many interests by presenting a variety of OLLI courses.

Member tuition: 55.00 | 8 M: 2/28/2022 - 4/18/2022 | 1:00 - 3:30PM | Class Limit: 32
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Language

Having Fun with English

Many adults whose first language is not English encounter significant obstacles on their journey toward fluency. Native English speakers are often unaware of these difficulties or tend to minimize them. In this course, we will discuss various problem areas for non-native English speakers. After each category is introduced, you will be provided several examples. Through active participation of the members of the class, each list will be expanded. We will discuss how a single word can have many meanings (e.g., fly), how adding prefixes and suffixes changes the meaning of words (sometimes in unusual ways), pronunciation (e.g., Berlin, Lima), varieties of English in the U.S. (e.g., bag/sack, lollipop/sucker), spelling (e.g., the "sh" sound in shoe, champagne, and sugar). We will have fun compiling lists (laughing will be encouraged) and taking time to provide a greater understanding of the difficulties non-natives face in their journey toward to fluency in English.

Presenter: Dennis Sweetland is a professor emeritus of theology at Saint Anselm College where he taught Humanities and biblical theology courses for almost 40 years. Sweetland's interest in languages comes from the study of ancient and modern languages, his travels and association with Manchester's Latin American Center.

Member tuition: 20.00 | 1 Tu: 6/7/2022 | 10:30 - 11:30AM | Class Limit: 10
Online - Virtual by Zoom

“ I was introduced to OLLI at Granite State College by a fellow retired teacher. Initially, I simply went to classes and enjoyed the camaraderie of fellow OLLI members, but very soon I got hooked on volunteering. I am a firm believer in lifelong learning, and I found like-minded individuals at OLLI. What a marvelous gift!”

- **Sandy O'Neill**, Class of 2013

Literature

Best Books of 2022

What are the hot new books? Get ready to make your lists! This course will focus mainly on fiction books, with a concerted effort to include upcoming nonfiction titles. Those who attend will learn about the highly anticipated titles coming out soon and some sleeper hits that you can discover first. Plus, we will talk about smaller press regional titles. Share your favorite reads, too. As an added bonus, participants will go home with a new book to read.

Presenter: Laura Cummings is the sole owner of White Birch Books, an independent bookstore in North Conway currently celebrating its 30th year. A former president of the New England Independent Booksellers Association, she now sits on the Booksellers Advisory Council for the American Booksellers Association. When she is working or running book clubs, she is reading at home with her cats.

Member tuition: 20.00 | 1 W: 4/13/2022 | 10:00AM - 12:00PM | Class Limit: 30
 Pope Memorial Library, 2719 Main St, N. Conway, NH 03860

Member tuition: 20.00 | 1 Tu: 4/12/2022 | 10:00AM - 12:00PM | Class Limit: 30
 Online - Virtual by Zoom

Conflicting Images of Human Ideals

This course examines the way humans are motivated to follow different paths toward fulfillment using reading from three novels. Each class session will have an introductory presentation, followed by a discussion of the reading. The fourth session will allow for a summary and comparison of these readings. The ideals of the readings follow: a Gnostic psychological understanding of self-transcendence, understanding of human nature in Marxism, and a view of human life as interdependent with one's environment. The readings are books from Herman Hesse, Andre Malraux, and Barbara Kingsolver. The first session will be on Hesse, Narcissus and Goldmund (any edition). Participants are encouraged to read as much as possible before the first session. It is long, but we will be referring to it through all the sessions. The next books will be Man's Fate, then Animal Dreams. We will discuss the whole work; however, it is not necessary to read the whole book to obtain the theme.

Presenter: Jim Mahoney holds a PhD from the University of Notre Dame. He is an Emeritus Professor from Saint Anselm College where he taught Philosophy for forty years. Mahoney was strongly involved in the College's core Humanities Program, serving as Chair of the Jefferson unit, and developed the Paris-New York class for the program. His areas of specialization are Existentialism, American Philosophy, and Ethics.

Member tuition: 35.00 | 4 Th: 3/31/2022 - 4/21/2022 | 10:00 - 11:30AM | Class Limit: 18
 GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Great Women Poets

The poetry anthology "Immortal Poems" has poems from about 150 poets but only eight women. Two of John Russell's three favorite poets are women – Emily Dickinson and Mary Oliver. Therefore, he decided to develop a presentation devoted to women poets. This discussion course will include Elizabeth Barrett Browning, Maya Angelou, Edna St. Vincent Millay, Jane Kenyon, May Sarton, other less well-known women and, of course, Dickinson and Oliver.

Presenter: John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. He is a retired quality engineer, former trip leader for the Appalachian Mountain Club, and sometime poet.

Member tuition: 20.00 | 1 W: 4/13/2022 | 10:30AM - 12:00PM | Class Limit: 15
 Online - Virtual by Zoom

Hawthorne with a “w”

In the first class session, we will examine Hawthorne’s life and times. He was born Nathaniel Hawthorne, descending from a long line of Puritans. He tried to distance himself from them, but was haunted by their deeds and Puritanism’s focus on sin and guilt, which greatly influenced his writing. Hawthorne was shy and often reclusive, yet he led an eventful life which intersected with the major intellectual and political currents of nineteenth century America, including Transcendentalism, utopian communities, and the debate over slavery. The second session, led by Mike Baker, will concentrate on Hawthorne the writer and will include a discussion of a sampling of his work. The stories to be discussed will be sent electronically.

Presenters: Eleanor Strang has been presenting popular courses for OLLI since 2013. She received her MA from Michigan and her MLS from Simmons. Strang was the director of the Kelley Library in Salem, NH for 15 years, and has pursued her interest in American and Canadian history since retiring.

Mike Baker, a former teacher and administrator, is a frequent presenter for the OLLI program.

Section 1 Member tuition: 25.00 | 2 Tu: 4/5/2022 - 4/12/2022 | 1:00 - 3:00PM | Class Limit: 25
Online - Virtual by Zoom

Section 2 Member tuition: 25.00 | 2 W: 4/27/2022 - 5/4/2022 | 1:00 - 3:00PM | Class Limit: 25
GSC Concord, 25 Hall Street, Concord, NH, 03301

How to Read & Enjoy a Poem

We will focus on reliable reading techniques for the greatest understanding and pleasure: reading aloud; basics of poetic form; how to seek a balance of literal meaning alongside the ambiguity or multiple possibilities created by a poem’s use of language and literary devices; and reading techniques to enjoy a poem’s imagery and voice. Students will get a packet of six to nine poems in each of the two weeks, and we will discuss three to four in each of the two class sessions.

Presenter: Meg Cronin is Professor of English at Saint Anselm College in Manchester, New Hampshire, whose specialties are Romantic- and Victorian-era British literature. In addition, she teaches detective fiction and introductory courses in reading poetry, drama, and fiction. Cronin is also the Director of the College Writing Program.

Member tuition: 25.00 | 2 W: 3/23/2022 - 3/30/2022 | 10:00 - 11:00AM | Class Limit: 18
Online - Virtual by Zoom

John Banville’s The Sea

In John Banville’s luminous novel, “The Sea,” the first-person narrator returns after 50 years to a seaside resort he knew as a child. The story he tells is one of grief – for the recent death of his much-loved wife Anna and for the events of a long-ago summer. Banville will lead us on an exploration of memory and of the way we remember, not as a coherent narrative but as fragments that may or may not accurately reflect the past. As Banville wrote, “The first death we witness will always be a murmur of voices down a corridor and a clock falling silent in the darkened room, the end of love is forever two cigarettes in a saucer and a white door closing.” Banville was awarded the Man Booker Prize in 2005 for this “elegiac, gorgeously written novel.” This is one of those books that sticks with you. It rewards the solitary reader, and will prove even more rewarding in a group exploration. I hope you will join me on that exploration. Participants are required to acquire the Vintage paperback edition of the novel (978-1-4000-9702-9).

Presenter: Judith Castle has a passion for novels and the light they shed on the human condition. She has led several courses in English and American Literature at OLLI and at the Harvard Institute for Learning in Retirement. She has a degree from the University of London and a Master’s degree from Harvard University.

Member tuition: 25.00 | 2 W: 4/20/2022 - 4/27/2022 | 10:00 – 11:30AM | Class Limit: 15
Online - Virtual by Zoom

Minor Writers, Major Stories II

While often excluded from the canon of major American authors, there are scores of American writers who have produced gems of short fiction. Writers such as Katherine Ann Porter, Sherwood Anderson, John Updike, and Willa Cather have given us works that can easily stand alongside their better-known contemporaries. Copies of the stories will be sent to the class participants electronically.

Presenter: Mike Baker, a former teacher and administrator, is a frequent presenter for the OLLI program.

Member tuition: 35.00 | 4 Tu: 5/3/2022 - 5/24/2022 | 10:00 - 11:30AM | Class Limit: 23
Online - Virtual by Zoom

Science Fiction & Getting Old

How do science fiction authors treat the issues of aging? How has it changed over time, or has it? During this course, we will look at topics such as rejuvenation, prolonged life, and immortality through the lens of short stories and excerpts from novels, movies, and television shows. Required reading for the course is "Methuselah's Children" by Robert Heinlein. Participants are encouraged to suggest material and/or topics for discussion!

Presenter: Josh Shaine has been teaching courses through the MIT Educational Studies Program for more than thirty years. He also works with schools and families on issues of underachievement and gifted education. Shaine has been teaching for OLLI since 2008.

Member tuition: 45.00 | 6 W: 5/11/2022 - 6/15/2022 | 1:30 - 2:30PM | Class Limit: 25
Online - Virtual by Zoom

The New Yorker

Join us in a well-established OLLI tradition, lively discussions of this chronicle of our times. Started in 1925, as a humor magazine, "The New Yorker" soon became a preeminent forum for serious fiction and journalism. With a circulation over one million and content by the most respected writers of fact and fiction, it is one of the most widely read and influential American magazines. The presenters will choose the first readings; after that, the class decides. To participate, students will need access to the magazine. Subscriptions can be purchased at www.newyorker.com or check with your local library.

Presenters: Bob Jones is a lifelong film fanatic, avid outdoorsman, skilled computer user, and fan of New Yorker Magazine. Bob shares his many interests by presenting a variety of OLLI courses.

John Monnelly is a graduate of the University of New Hampshire and a New Hampshire native. He loves visiting New York City and has been a serious fan of The New Yorker for many years.

Section 1 Member tuition: 55.00 | 8 Th: 3/3/2022 - 4/21/2022 | 3:30 - 5:00PM | Class Limit: 16
Online - Virtual by Zoom

Section 2 Member tuition: 55.00 | 8 Th: 3/3/2022 - 4/21/2022 | 3:30 - 5:00PM | Class Limit: 16
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

The Sibling Factor in Jane Austen

The importance of sibling relationships in literature, as well as in life, is often overlooked and underappreciated. Jane Austen's world is not just one of swirling romance and clever social commentary, it is fraught with the impact of sibling alliances and rivalries. In this four-session course we will concentrate on the sibling situations within two of her most significant novels: "Pride and Prejudice" ISBN 0-671-44389-5 (~400 pages) and "Sense and Sensibility" ISBN 13-978-1-59308-049-5 (~300 pages). In addition, we will view and critique two recent film adaptations of the novels: 2005's "Pride and Prejudice" with Kiera Knightly and 1995's "Sense and Sensibility" with Emma Thompson.

Presenter: John Peterson holds an MA in English Literature from the University of New Hampshire. He has presented numerous OLLI reading and discussion group classes on topics including literature, film, history, and current events. Peterson is also active in organizing OLLI outdoor excursions.

Member tuition: 35.00 | 4 Th: 4/21/2022 - 5/12/2022 | 1:00 - 4:00PM | Class Limit: 30
 WMCC, Academic Learning Center, 2541 White Mountain Hwy, N. Conway, NH, 03860

History

Acadians: A Story of Tragedy & Survival

If you have read "Evangeline" by Longfellow, you probably remember the tragic story of the Acadians, the French-speaking people expelled from eastern Canada by the British beginning in 1755. We'll explore their lives before this tragedy, the reasons for their expulsion, their far-flung dispersal, and the enormous toll it took. But their story is also one of survival, and we'll examine ongoing efforts to preserve Acadian language and culture.

Presenter: Eleanor Strang has been presenting popular courses for OLLI since 2013. She received her MA from Michigan and her MLS from Simmons. Strang was the director of the Kelley Library in Salem, NH for 15 years, and has pursued her interest in American and Canadian history since retiring.

Member tuition: 20.00 | 1 Th: 5/19/2022 | 1:00 - 3:00PM | Class Limit: 18
 GSC Concord, 25 Hall Street, Concord, NH, 03301

“ My retirement plan was to audit courses at UNH. Two weeks before retiring, I attended my first OLLI at Granite State College preview because I was presenting a course called Statistics Made Simple. I looked at the catalog, listened to the presenters, and was hooked! I joined OLLI and started taking courses on all sorts of topics, even some outside my comfort zone. I haven't yet made it to UNH to audit classes!”

- **John Russell**, Class of 2014

Female Spies: Women in Espionage

Nine days after the attack at Pearl Harbor, Adelaide Hawkins, a mother of three from Maryland, became the first woman hired to serve in America's newly created Office of Strategic Services. By this time, Polish native Krystyna Skarbek had been an agent with Churchill's Special Operations Executive for nearly two years. Spies have always fascinated us, and the iconic image of a glamorous woman using her wiles to extract secrets from enemies is particularly compelling. However, the reality of how thousands of female operatives served extends far beyond the stereotype. Listen to first-hand, hair-raising accounts about the worldwide exploits of these stalwart women.

Presenter: Linda Shenton Matchett is an author, blogger, and history geek. A native of Baltimore, MA, she was born a stone's throw from Fort McHenry and has lived in historic places all her life. When she is not researching or writing, Matchett is a volunteer docent at the Wright Museum of WWII in Wolfeboro, NH and a trustee for her local public library.

Member tuition: 20.00 | 1 Sa: 6/11/2022 | 10:30 - 11:30AM | Class Limit: 25
 GSC Concord, 25 Hall Street, Concord, NH, 03301

Forgotten Plane Wrecks of New Hampshire

Many plane crash sites in New Hampshire have been forgotten, but if you search you will find the unique stories of each of these crashes. This course will include a discussion on early navigation challenges and will then delve into the history of several crashes and the presenter's exploration of the crash sites. Crashes included in this talk are the B-18 bomber in 1942, Northeast Airlines flight 656 in 1954, Northeast Airlines flight 972 in 1968, the Christmas Eve 1996 crash of a Learjet business jet, "The Missing Doctors Crash," and more.

Presenter: Nick Wallner retired after managing the Concord branch of AAA for 46 years. While hiking the Whites for many years and looking for new hiking challenges, he found one in researching and looking for lost airplane wrecks in New Hampshire. Wallner has visited more than two dozen wreck sites and completed hiking the 48 four thousand footers. Although recently retired, he is still active in the local community including being a Granite State Ambassador, volunteering at the NH State House, and a member of the Kiwanis Club of Concord.

Member tuition: 20.00 | 1 Tu: 3/29/2022 | 1:30 - 3:00PM | Class Limit: 25
 GSC Concord, 25 Hall Street, Concord, NH, 03301

Involuntary Americans: Scottish Prisoners in Early Colonial New England

Not all of New England's earliest European settlers came voluntarily. This course will discuss the more than 400 prisoners of war who were brought to Maine, New Hampshire, and Massachusetts against their wills in 1650-1651, and how they influenced New England culture, past and present. The course will consist of a 45-50 minute lecture, followed by questions and a discussion, in which students will participate freely. The book "The Involuntary American: A Scottish Prisoner's Journey to the New World" (ISBN# 13-9781594163128C) is recommended, but not required, reading.

Presenter: Carol Gardner is the author of a narrative history about early Maine, "The Involuntary American: A Scottish Prisoner's Journey to the New World" (Westholme Publishing, 2019). She earned a PhD in English from Johns Hopkins University, taught at Johns Hopkins, Wake Forest, and Florida State Universities, and has published pieces in a wide variety of books and periodicals, including the "World of Baseball" series, "BluePlanet Quarterly," the Portland Press Herald, and The Washington Post. She currently lives in Alna, Maine.

Member tuition: 20.00 | 1 F: 3/4/2022 | 10:00 - 11:30AM | Class Limit: 100
 Online - Virtual by Zoom

Korean War: From Pusan to the Chosin Reservoir

Often called the “Forgotten War,” the Korean conflict was never officially recognized as a “war” - President Truman defining it as a “police action” to avoid having to ask Congress for a constitutionally-mandated declaration of war. But it was a war - which the United States was totally unprepared for; in which we suffered more than 36,000 dead; and is generally remembered as a pointless bloody stalemate with attacks and counterattacks across strategically insignificantly terrain. However, the first 6 months of the conflict were one of rapid movement and dramatic reversals. In the first two months, U.S. and Korean forces faced a disastrous defeat as they were driven down the Korean peninsula to a final defensive stand at the Pusan Perimeter; to be followed by the brilliant, MacArthur-divined amphibious assault at Incheon and rapid advance to the Yalu River - the Korean border with China. There the Chinese Communist government felt compelled to intervene and sent some 200,000 men of the Peoples Liberation Army across the border, driving the U.S. and allied forces back below the 38th Parallel until reaching a bloody stalemate 2 and 1/2 years later when an Armistice was signed. We will examine the origins of the war, including precipitating U.S. diplomatic, military and political blunders; the heroic and often hopeless efforts to stop the attacking North Koreans; the planning and execution of the Incheon landing despite strong opposition within the Pentagon; the rapid advance of allied forces to the Yalu; Douglas MacArthur’s insubordination; and the massive PLA attacks leading to the 1st Marine Division’s famous “advance in another direction” from the Chosin Reservoir.

Presenter: Dave Hess is a graduate of Dartmouth College and Yale Law School and was a Fellow at Harvard’s Kennedy School of Government. He is a retired trial lawyer who served as an New Hampshire Assistant Attorney General under Warren Rudman and David Souter and was a member of the NH House of Representatives for 25 years, including terms as Majority Leader, Deputy and Assistant Majority Leader. Hess has presented several diverse and varied classes at OLLI over the last 6 years. He developed a passion for politics more than 50 years ago when he became involved in the 1964 presidential primary. History in general, and political, military, and American western history, have been some of his lifetime interests.

Member tuition: 35.00 | 4 W: 3/2/2022 - 3/23/2022 | 10:00AM - 12:00PM | Class Limit: 75
 GSC Concord, 25 Hall Street, Concord, NH, 03301

Loyalists: The Other Side of the American Revolution

We often think of the American Revolution as a war between Americans and the British, but a significant number of Americans remained loyal to Britain, even fighting on their side. Some families were torn apart by the war when members chose opposite sides. Discover what motivated the Loyalists, and what happened to them during the war, particularly in New Hampshire. We’ll also examine what they did after the war, and the great impact they had outside the U.S.

Presenter: Eleanor Strang has been presenting popular courses for OLLI since 2013. She received her MA from Michigan and her MLS from Simmons. Strang was the director of the Kelley Library in Salem, NH for 15 years, and has pursued her interest in American and Canadian history since retiring.

Member tuition: 20.00 | 1 Tu: 6/14/2022 | 1:00 - 3:00PM | Class Limit: 25
 Great Bay Community College, 320 Corporate Drive, Portsmouth, NH, 03801

Making of the U.S. Constitution

The drafting of the U.S. Constitution in 1787 and the heated debates over whether to ratify the new federal charter are among the most decisive and important moments in American history. Had the Constitution been put to a popular vote, it almost certainly would have been rejected. As it was, the document’s framers — a group that included George Washington, James Madison, and Alexander Hamilton — prevailed, but they only did so by agreeing to do one of the most difficult things in politics: they compromised. Professor Gould will discuss the making of the US Constitution, including the lead up to the Philadelphia convention, the constitution that the convention adopted, and the debates over ratification, leaving plenty of time for your questions.

Presenter: Eliga Gould is a professor of history at the University of New Hampshire, specializing in Early American History. His award-winning book, “Among the Powers of the Earth: The American Revolution and the Making of a New World Empire” (Harvard, 2012), explores the manifold ways in which the early American republic’s quest to be accepted as a “treaty worthy” nation by Europe’s colonial powers shaped American thinking about an array of issues, including federalism, Native American treaty rights, and the abolition of slavery. In addition to being recognized at UNH for excellence in teaching and research, Gould has held long-term fellowships from the Guggenheim Foundation, the Fulbright-Hays Program, the National Endowment for the Humanities, and the Charles Warren Center at Harvard.

Member tuition: 20.00 | 1 Tu: 5/24/2022 | 6:30 - 8:00PM | Class Limit: 40

Online - Virtual by Zoom

New Hampshire at War

Although no battles have been fought on New Hampshire soil since the colonial period, Granite Staters have made crucial contributions to all American conflicts both at home and abroad. This course shares the stories of the men and women who served in the armed forces and those who provided support on the home front. The program will also include a guided tour of the museum exhibitions at the New Hampshire Historical Society with special attention to the “Citizen Soldier” section of Discovering New Hampshire.

Presenter: Jennifer Walton is the Assistant Director of Education and Public Programs at the New Hampshire Historical Society. She holds a Ph.D. in history from Ohio State University and has teaching experience at Saint Anselm College and Granite State College.

Sue Kelly holds a BA in History from Bates College. For 43 years, she taught social studies and history at Milford High School. Kelly has been a professional museum educator with the New Hampshire Historical Society for eight years.

Member tuition: 20.00 | 1 Tu: 4/26/2022 | 1:00 - 3:00PM | Class Limit: 50

New Hampshire Historical Society, 30 Park Street, Concord, NH, 03301



Normandy to Cold War: How Did it Happen?

Examining the invasion and its impact on June 4, 1944, we begin to explore the Second World War and beyond. Students will be exposed to the major historical figures and the roles they played in allied successes. American forces will face the Battle of the Bulge and make their way to Germany and victory. Much of the course will be based on Dr. Freiburger's 2018 tour of the Normandy region and the area encompassing the Battle of the Bulge, which was conducted by a military historian whose knowledge and research provided a wonderful supplement to the presenter's own. The course will determine why the Cold War broke out almost immediately following the war. Student opinion and interaction will be of the utmost importance since the topic lends itself to a great deal of discussion. One episode of "A Band of Brothers" will be shown and a number of handouts provided.

Presenter: Dr. Steven Freiburger has a PhD in Diplomatic History and a 40-year career in education.

Member tuition: 35.00 | 4 Tu: 3/1/2022 - 3/22/2022 | 10:30AM - 12:00PM | Class Limit: 25
UNH Professional Development & Training, 231 Corporate Dr, Portsmouth, NH 03801

On the Trail with Lewis & Clark

Imagine planning a trip that President Thomas Jefferson hoped would take you on an all water Northwest Passage to the Pacific Ocean. Imagine spending a month portaging your boats and supplies for 18 miles around five huge waterfalls. Imagine hiking and riding on horseback over steep mountain ranges. The Lewis and Clark National Historic Trail takes you as close as possible to the original route of Lewis and Clark and the Corps of Discovery. See images of many sites along the trail and learn about the many difficulties faced by the Corps as well as their discoveries and accomplishments.

Presenter: Nancy-Ann Feren is a retired 5th grade teacher who has been to all 50 states and all the sites in the National Park system. In August 2021, she and her husband followed the Lewis and Clark National Historic Trail from St. Charles, Missouri to Fort Clatsop in Oregon.

Member tuition: 20.00 | 1 F: 3/4/2022 | 1:00 - 2:30PM | Class Limit: 30
Online - Virtual by Zoom

Parochial Schools in the 1950s - 1960s: Truths & Myths

Often cited as having profound influence on the assimilation of immigrants and the champion of women's education, parochial schools have played an important role in Manchester's educational community. Beyond "rulers, paddles, and straps," we will share more positive and personal anecdotes among the participants.

Presenter: Robert B. Perreault has worked as a research assistant/oral history interviewer, librarian/archivist, freelance writer, historical tour guide, public speaker, photographer, and conversational French teacher to promote Manchester's history and New England's Franco-American culture since 1973. His works of nonfiction and fiction, written in French, English, or both languages, include seven books and more than 160 articles, essays, and short stories published in the US, Canada, and France. Perreault holds an MA in French with specialization in New England Franco-American studies from Rhode Island College and an MFA in Creative Writing/Fiction from SNHU. In June 2012, Manchester's Franco-American Centre named him "Franco-American of the Year."

Member tuition: 20.00 | 1 M: 5/9/2022 | 10:00AM - 12:00PM | Class Limit: 25
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Rise of the Nazis: Lessons for Democratic Citizenship

An exploration into the Rise of the Nazis, the destruction of German democracy and the twisted road towards the Holocaust. We will explore the relevance of anti-Semitism then and now; the myriad of social forces influencing decision-making; the factors that contributed to the collapse of democracy in Germany; the preexisting prejudices and fears manipulated by Nazi ideologues and zealots rooted in German experience; how Hitler was appointed Chancellor and began to form policy; the reaction of Franklin Delano Roosevelt and the United States to the Nazi threat and how that threat challenged and continues to challenge American society; the power of the Southern democratic bloc in shaping U.S. policy; issues of Jim Crow, refugees, and U.S. immigration policy; the connection between the German-American Bund and the America First Committee to the rising expression of hate and bigotry in contemporary America; and the circumstances that unfolded and accelerated to create the Holocaust within the context of World War II. As many topics will raise issues of individual and collective identities, we will ponder what lessons apply for democratic citizenship and civic responsibility. To what degree do these lessons and experiences apply today? Conversation and reflection will be encouraged as we navigate this difficult, but important history. No advanced reading is required.

Presenter: Thomas M. White is the Coordinator of Educational Outreach for the Cohen Center for Holocaust Studies at Keene State College. He served as historical consultant for “An American Nurse At War” and “Telling Their Stories: NH Holocaust Survivors Speak Out”; served on the Diocesan Ecumenical Commission for Interfaith Relations; serves on the Board of Directors of the Association of Holocaust Organizations; was a facilitator in the Global Raphael Lemkin Seminar for Genocide Prevention at the Auschwitz Institute for Peace and Reconciliation; received NEA New Hampshire’s Champion of Human and Civil Rights Award; was named a Peace Ambassador by the Center for Peacebuilding from Bosnia and Herzegovina; and serves on the New Hampshire Governor’s Commission on Holocaust and genocide education.

Member tuition: 45.00 | 6 Tu: 3/1/2022 - 4/5/2022 | 10:00AM - 12:00PM | Class Limit: 100

Online - Virtual by Zoom

Small Town, Big Oil

Mysterious land dealings in Durham in 1973 led to the formation of Save Our Shores to fight Aristotle Onassis’ plan to construct the world’s largest oil refinery and supertanker port on the New Hampshire seacoast. The story has been told in the recent book, *Small Town, Big Oil*, by David Moore, who will set the stage and describe the players. He will then introduce Nancy Sandberg to describe efforts of Save Our Shores to defend Durham and the seacoast from big oil and the important role of the fledgling newspaper “Publick Occurrences” and its editor, Phyllis Bennett. Lastly, Dudley will tell how, as a freshman legislator, she confronted Governor Meldrim Thomson and used “home rule” to save Durham. The three presenters will be happy to take questions from the audience.

Presenters: From 1973-1974, Nancy Sandberg was the head of the citizens group Save Our Shores organized to fight the world’s largest oil refinery proposed by Greek shipping magnate Aristotle Onassis for the university town of Durham, NH. Following the defeat of Onassis, she administered a federal community development grant and also developed her own interior design business specializing in period fabrics and wall coverings for historic homes. Sandberg is currently the museum curator for the Durham Historic Association.

Dudley is a lifelong political and environmental activist who has lived in Durham, NH her entire life. Serving as a state legislator in the 1970s, she then went on to become the first woman elected to the New Hampshire Executive Council. Dudley helped defeat a proposal by Aristotle Onassis to build the world’s largest oil refinery near Great Bay by rallying support across the state and introducing a bill that gave Durham residents veto power over future proposals like this, thus preserving thousands of acres along Great Bay.

David Moore is a Senior Fellow at the Carsey School of Public Policy and a two-time EPPY (Editors & Publishers) Award winning writer. Prior to joining Carsey, he was senior editor of the Gallup Poll and a professor of political science at the University of New Hampshire, where he founded and directed the UNH Survey Center. He is a noted author who received his master’s and doctorate degrees in political science at Ohio State University and his Bachelor’s degree at the United States Military Academy.

Member tuition: 20.00 | 1 Th: 3/31/2022 | 9:00AM - 12:00PM | Class Limit: 50
Online - Virtual by Zoom

Spies, Lies, & Sunken Subs

A series of events from 1968 through 1975, and ongoing disclosures, books, freedom of information act revelations create an interesting opportunity to consider critical thinking, reading between the lines, etc. What we do know is that for many years the facts related to the 1968 loss of the Soviet K129 sub, the effort to raise all or part of it and the relationship, if any, to the 1968 loss of the USS Scorpion involve misinformation, cover stories, and lies from many if not all of the persons with information about these. Evaluating the information available over the years as disclosures emerged, gives us an interesting opportunity to ask key questions such as “what did happen?”, “why”, and perhaps most useful “how would we know the real story?”

Presenter: Jim Isaak is a retired/recovering techie with a diverse set of interests including artificial intelligence, privacy, social media, lies, spies, sunken subs, as well as the limits and approaches to critical thinking that span all of topics.

Member tuition: 25.00 | 2 M: 5/2/2022 - 5/9/2022 | 9:30AM - 12:00PM | Class Limit: 24
UNH Professional Development & Training, 231 Corporate Drive, Portsmouth, NH, 03801

The Ruptured Ducks of Canterbury

If you don't know what a “Ruptured Duck” is you are probably not alone. In 2004, local surveyor and history buff Mark Stevens stumbled upon a bizarre blooper that sent him in search of an accurate list of WWII Veterans. What started out as a simple inquiry exploded as he interviewed veterans, obtained old photos, verified documents, and learned jaw dropping stories seldom told. In this course, Stevens promises to reveal what a Ruptured Duck is, share some of the stories he learned, and show a variety interesting old photos.

Presenter: Mark Stevens is a licensed land surveyor, certified wetlands scientist, and licensed designer of subsurface disposal systems. He has a degree in engineering from the Community College of the Air Force and a degree in surveying and wildlife & forestry management from Unity College.

Member tuition: 20.00 | 1 F: 5/20/2022 | 10:00 - 11:30AM | Class Limit: 25
GSC Concord, 25 Hall Street, Concord, NH, 03301

“ I was so surprised to learn that not all OLLI programs in other places were using Zoom. My husband presented a Zoom class on restoring his 1956 GMC pickup. He documented steps with a PowerPoint slide show but also gave a tour of his garage and tools. It is so very important for OLLI at Granite State College to continue making programs available to people who can't attend in person whether for reasons of health, winter driving conditions or distance from the classroom site.”

- **Donna Frost**, Class of 2015

Trails to Indigenous New Hampshire

The area west of the Merrimack that is Hillsborough and Merrimack Counties is largely a blank in the canonic histories of early colonial New England. It turns out that bias in historical and archaeological records present challenges for reconstruction of New Hampshire's colonial history and indigenous past. However, multidisciplinary approaches can be used to triangulate original documents with oral history and environmental data to reconstruct critical histories of the past. We will discuss bias in the historical and archaeological record, mapping techniques, and the complexity of present-day debates around indigenous revitalization in the Abenaki Dawnland.

Presenter: Dillon Mahoney is a professor of anthropology at the University of South Florida in Tampa. His past work focused on social, economic, and environmental change around the tourism and crafts industries in Kenya. He also works with Central African refugees and refugee resettlement in the United States. Originally from Goffstown, New Hampshire, his new interests lie in the indigenous past and present of northern New England's Abenaki Dawnland.

Member tuition: 20.00 | 1 Th: 3/3/2022 | 10:00AM - 12:00PM | Class Limit: 50
Online - Virtual by Zoom

Personal Enrichment

Aging

Both Sides Now: Reflections for Women at Midlife

How do we stay vibrant and alive throughout the joy and pain that is life? Starting at midlife, our world around us starts to change from everything that we have known and built in the first half of our lives. Even if we have been cognizant throughout each season of our lives, there comes a day when we wake up, perhaps at age 40, 60, or 80 and say how can I make the most of this precious time that I have left? In this course, we will explore how to reflect on our lives and culture to understand how and why we are who we are and just as importantly what we want for the rest of our lives.

Presenter: Colette Tracy has been a business development leader and college instructor for most of her career, which spans more than three decades. She is the founder and executive director of the nonprofit, Education for Growth. Tracy possesses a MA in both Organizational Leadership and Psychology.

Member tuition: 30.00 | 3 M: 3/14/2022 - 3/28/2022 | 10:00 - 11:15AM | Class Limit: 25
Online - Virtual by Zoom

If You Don't Do It, Who Will? Funeral & Cremation Options

An increasing number of Americans are planning for their own final arrangements to spare their families the emotional and financial burden. In this course, we will provide the opportunity to obtain the answers you need to help yourself and/or other family members in making these important decisions.

Presenter: Michele Phaneuf-Plasz has been involved in funeral service since 1997 and is a fourth generation funeral director. She is the Vice President of Phaneuf Funeral Homes and Crematorium where she works alongside her brother and sister. She holds a B.S. degree in Sociology from the University of New Hampshire and is a graduate of Lynn University with an A.S. degree in Funeral Service. Along with employee development she spends most of her day assisting families in setting up their preneed arrangements. Phaneuf-Plasz and her family are fitness enthusiasts who enjoy hiking and snow shoeing in the White Mountains. She resides in Auburn with her husband and daughter and their four pawed boxer companion, Porter Winston Plasz.

Member tuition: 20.00 | 1 Tu: 5/3/2022 | 10:00 - 11:30AM | Class Limit: 25
Phaneuf Funeral Home, 243 Hanover Street, Manchester, NH, 03102

Plan Your Own Funeral or Memorial Service: It Can Be Fun

This interactive course comes with homework! You will come to the first class with ideas for your final farewell - participants, location, music, readings. For the second class, you will have written your obituary. Remember, by preparing ahead of time YOU have the last word!

Presenter: Jane Van Zandt has been an Episcopal priest for over 38 years and has assisted folks in planning funerals and memorial services for themselves, friends, family members and pets. She finds that preparing a fitting tribute to a loved one helps people grieve. And planning one's own? The ultimate catharsis!

Member tuition: 25.00 | 2 F: 5/20/2022 - 5/27/2022 | 1:00 - 2:30PM | Class Limit: 25
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Rebalance, Recharge, & Love the Rest of Your Life

Concerned about how to spend the many years ahead? This interactive, lively two-session workshop will help you explore "encore" opportunities that can give you joy and meaning, wellness and fun. We will share ideas to help you clarify what is important to you so you will leave with ideas to shape a future that reflects your values, desires, skills and perhaps untapped talents. In the second session you will be presented with resources (e.g., Arts, Outdoors, Social, Travel, Volunteerism) to help you to explore and to get involved, especially in the Valley.

Presenter: Betsy Gemmecke has lived, worked, and volunteered in the Mt. Washington Valley for 43 years. Gemmecke has her MSW, is a "Too Young to Retire" certified facilitator, and a certified Professional Career Development Coach. She has over 30 years' experience in counseling, education, and career development for people of all ages. When she isn't traveling, Gemmecke loves to share the wealth of activities and resources that are available to all.

Member tuition: 20.00 | 1 Th: 4/7/2022 | 5:00-6:30PM | Class Limit: 20
Conway Public Library, 15 Greenwood Ave, Conway, NH 03818

Games

Bridge for Your Brain: Commonly Used Conventions, Part I

Assuming you are no longer a novice player, we will focus on some of the most important and commonly used bridge treatments: the Stayman asking bid, the Jacoby transfer bid, and major suit openings and responses. This course follows materials sponsored by the American Contract Bridge League (ACBL). The student text is available through online suppliers, and is strongly recommended but not required. The teacher's manual is accessible online at www.acbl.org. Participants are encouraged to bring an open mind and a willingness to learn new methods, setting aside older approaches to the game. Most of all, the class is intended to be fun and thought provoking!

Presenter: Rick Weinstein is one of seven accredited American Contract Bridge League teachers in New Hampshire. Weinstein has been playing bridge competitively for more than 30 years and has attained the rank of Ruby Life Master (1500+ masterpoints). In 2019, he was awarded the prestigious Leroy Lake Award by the New Hampshire Bridge Association for his contributions to the game.

Note: No class meeting April 16

Member tuition: 35.00 | 4 Sa: 3/26/2022 - 4/23/2022 | 10:00AM - 12:30PM | Class Limit: 20
Online - Virtual by Zoom

Introduction to Chess

Did you see the series of “The Queen’s Gambit” and wish to know more? Let’s begin with the basics of chess including the rules of the game, characteristics of the pieces, and basic instruction on strategy. People best learn chess by playing, so the goal is to start playing one another as soon as possible. Chess is an absorbing game and requires no expensive equipment, only an interest in logic and competition.

Presenter: Philip Pajakowski a professor of history at Saint Anselm College and an enthusiastic amateur chess player. He believes that chess can provide countless hours of mind-focusing enjoyment.

Member tuition: 30.00 | 3 Sa: 3/5/2022 - 3/19/2022 | 10:00 - 11:30AM | Class Limit: 10
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Mah Jongg for Beginners

Mah Jongg is an ancient Chinese game of skill and luck. It is played with four players using 152 tiles. It is a stimulating mental activity that we all need as we get older. Warning - this game is fun, challenging and addictive! Class time will be spent with hands-on instruction and actual playing of the game. The National Mah Jongg League card is required and provided.

Presenter: Sue Bergoffen remembers falling off to sleep hearing her mother calling Mah Jongg tiles. She has now played for many years and loves teaching others the joy of the game.

Member tuition: 35.00, \$9 for card will be added to your registration. Total cost \$44.
4 M: 4/4/2022 - 4/25/2022 | 10:00AM - 12:30PM | Class Limit: 10
Pope Memorial Library, 2719 Main Street, North Conway Village, NH 03860

Gardening

Growing a Garden or Meadow for Pollinators

Our pollinators are on the decline and we need to be concerned. One out of every three bites of food we eat, and over 80% of all plants, require the work of a pollinator. A lack of pollinators has reduced songbird populations and negatively impacts biodiversity everywhere. Fortunately, there is something you can do to help! During this course, participants will see and learn about garden and meadow plantings that attract pollinators, serving as the necessary host plants and nectar sources for these insects. We will discuss the proper plants that can be added to your current yard or garden setting, show the amazing things that happen when you stop or reduce your lawn mowing, and learn how you can create and enjoy a small meadow. Held in our Arbor Day Foundation certified outdoor classroom, there will be some uneven terrain and there may be prolonged standing. Please dress for the weather, wear good walking shoes, and bring a water bottle.

Presenter: Donna Miller, owner of Petals in the Pines in Canterbury, is a life-long gardener. She specializes in cut flowers and native plantings for pollinators and wildlife. Miller’s farm is certified as a wildlife habitat with The National Wildlife Federation, as a Pollinator Habitat with the Xerces Society and is “On the Map” with Homegrown National Park. She is also a citizen scientist for Monarch Watch.

Member tuition: 20.00, Note: \$7.50 admission fee will be added to your registration for a total of \$27.50

1 W: 6/15/2022 | 10:00AM - 12:00PM | Class Limit: 12

Petals in the Pines, 126 Baptist Rd, Canterbury, NH, 03224

Growing Your Own Food: Organic Gardening for Beginners

Do you love nature and being outdoors? Through shared tales of success and failure, you will gain the confidence to dig in the dirt and possibly try out a vegetable garden of your own. During this class, Joanne describes her own experiences over the years, both bitter and sweet, and includes time for questions, comments, and discussion about individual stories. Suggested readings and teacher-made handouts are available on various topics including, taking time in fall and spring to prepare plots and amend soil, and defending your hard work against garden blights and pests.

Presenter: Joanne Brooks began vegetable gardening soon after she retired from 20 years of teaching 7th and 8th graders at the Josiah Bartlett School in Bartlett, NH. She then began teaching critical thinking and writing courses at Granite State College in Conway, but seasonally was also found at home in Jackson growing healthy produce for two. In good years, there was enough to give away to friends and neighbors. Over time, Brooks came to understand the joys of intensive organic gardening, and found she could manage seven small, easy-to-care-for vegetable plots. Brooks still considers herself an amateur gardener and a trial-and-error learner. She loves talking with others about gardening as well as sharing tips, knowledge, and experiences.

Member tuition: 20.00 | 1 Th: 3/24/2022 | 9:30 - 11:30AM | Class Limit: 20

Pope Memorial Library, 2719 Main St, N. Conway, NH 03860

Plants, Packets, Pots, & Promise: The Buying & Selling of Seeds and Plants in America

Explore the history of selling seeds and plants in America and the people who sought to satisfy the “plant bug.” With names like Bartram, Burbank, Burpee and Ball, learn of the people behind the evolution of America’s plant industry. Yet less well-known people, from ambassadors to a commodore, have also influenced our gardening history in unique ways. The evolution of seed packaging and catalogs, the import/export of plants to “the new world,” scientific advancements and cultural shifts have all led up to today’s modern breeding, marketing, and selling of plants. Using contemporary accounts, drawings, lithographs, and photos, this illustrated story follows the development of American horticultural history, from subsistence farming to ornamental gardening.

Presenter: Kevin Bragg has over thirty years of experience in the horticulture field including time spent as Coordinator of Historic Gardens at Canterbury Shaker Village. Owner of Canterbury Plantation, Kevin enjoys combining his passions for plants and history and exploring the relationships among them.

Member tuition: 20.00 | 1 F: 4/22/2022 | 1:00 - 3:00PM | Class Limit: 40

GSC Concord, 25 Hall Street, Concord, NH, 03301

Health, Nutrition, & Wellness

An Introduction to Tai Chi: Benefits for Healing & Wellness

Participants will learn of tai chi's preeminent position among the eight branches of Classical Chinese Medicine, as well as its history and its ability to prevent and heal common ailments. Following a brief introduction to Chinese Medicine, students will learn tai chi principles regarding standing, walking, moving, and performing daily activities easily without injury or discomfort. Two-thirds of the class will involve performing slow, gentle tai chi movements, which demonstrate these tai chi principles. While exercises are generally performed while standing, most can be done seated. Anyone who can stand, sit, and shrug their shoulders can perform these simple gentle exercises comfortably.

Presenter: William Halacy retired from his position as Concord, NH, Police Chief, after a successful 30-year career in public safety and began a new career in Asian medicine. Following six years of study, he graduated from the New England School of Acupuncture with a Master's Degree in Chinese and Japanese Acupuncture and was licensed by the State of New Hampshire as an acupuncturist. For over 25 years he has studied Yang style tai chi chuan in New Hampshire, Vermont and Los Angeles under the tutelage of Masters Tung Kai Ying and Tung Chen Wei of Xingtai, China. Halacy has been teaching tai chi for the past seventeen years.

Member tuition: 20.00 | 1 M: 6/6/2022 | 10:30AM - 12:00PM | Class Limit: 25
 Great Bay Community College, 320 Corporate Drive, Portsmouth, NH, 03801

Better Cooking Through Chemistry

Understanding some very basic chemistry will hone your cooking skills. Why might you brush pastry with egg whites? What does salt have to do with flavor? What does it contribute to the boiling process? What about many other additives? Is an aluminum pan, stainless steel pan, copper pan, clay pot, or a cast iron skillet better for what you are cooking? Why? No previous understanding of chemistry is necessary. Explore ingredient modifications for those individuals with intolerance to gluten or lactose. A basic introduction to chemistry quickly leads into understanding why some ingredients lead to better taste or texture in the final product.

Presenter: Ava Honan is a professional engineer with a love of both chemistry and cooking. Honan loves to share chemistry and cooking with others. This has inspired her continued passion to work with others on understanding basic chemistry and its relation to improving their experience in the kitchen.

Member tuition: 20.00 | 1 Tu: 5/17/2022 | 5:30 - 7:00PM | Class Limit: 12
 Conway Public Library, 15 Greenwood Ave, Conway, NH 03818

“ When people look at the catalog and claim that they find nothing that interests them, I scream, “What?” I take between 9 to 17 OLLI at Granite State College courses each semester because I LOVE learning.”

- **Phyllis Benoit**, Class of 2008

Food Fads: Have We Always Been So Gullible?

Merriam-Webster defines “fad” as “a practice or interest followed for a time with exaggerated zeal.” People latch onto fads in fashion and technology among other things, and, of course, food. Every year it seems there’s a new “got to eat it” food. Soon every grocery store and restaurant is touting the latest craze. In time though, the fad wanes only to make way for a new one to take its place. This course will reacquaint participants with some of the most popular food fads of all time. Many may find some of them nostalgic and suddenly start craving that food, yet other food fads may make participants wonder how those foods ever made the list.

Presenter: Colette Janson-Sand, PhD, RD, was an Associate Professor at the University of New Hampshire and the Coordinator of the Nutrition Program. For 10 years she also was a Nutrition Specialist for UNH Cooperative Extension. As DPD (Didactic Program in Dietetics) Director at UNH for 34 years, she designed the college’s Dietetic Internship and Dietetic Technician Programs. Among the courses she taught at UNH, the food courses were always among her favorites, and she hopes to share her love of food lore with you.

Member tuition: 20.00 | 1 W: 4/27/2022 | 1:00 - 2:30PM | Class Limit: 25
Online - Virtual by Zoom

Garden to Table Cooking

Garden and farmers’ market ingredients are the foundation for delicious meals. Learn to cook more creatively with vegetables, herbs, and fruit as we cover how to incorporate them into satisfying meals and explore flexible recipes. Find inspiration for a garden of any size, including a container, as we discuss approaches to culinary gardening.

Presenter: Vanessa Young is a cooking instructor, recipe developer, writer, and educator known for her artful approach to food and wellness topics and her focus on seasonal meals. From butchers to bakers, her family is a long line of both self-taught and professional chefs. As the founder of Thirsty Radish, she shares recipes and inspires a creative approach to life in and out of the kitchen. Young offers private and community cooking classes and topical programs that support a healthy and creative relationship with food.

Member tuition: 20.00 | 1 F: 3/11/2022 | 1:00 - 2:30PM | Class Limit: 50
Online - Virtual by Zoom

Good Food, Good Mood: Living Your Best Life

Learn about how you might improve your mood with food! Have you ever wondered how the food you put into your body is connected to how your body and mind feel? Does it matter how much, how often and where you eat? In this course, you will learn what the science says about the link between your mood and specific foods, as well as the environment and timing of meals. Learn what foods and daily habits you can incorporate into your life to improve how your body and mind feel.

Presenter: Diana Robinson, RD, LD, is a Registered Dietitian for Hannaford Supermarkets in Dover, Portsmouth, and Exeter, NH. Her interest in Nutrition stemmed from a need to understand how to manage her own health and eating as a young adult. In her 25-year career, she has been on a continuous health journey, and her passion is to help others to discover their own paths to better health so they can live their best life. Her recent piqued interest in mindful eating and how food can affect mood has allowed her to help people connect the dots to show how what they choose to eat affects them all day every day.

Member tuition: 20.00 | 1 M: 4/4/2022 | 10:30AM - 12:00PM | Class Limit: 100
Online - Virtual by Zoom

I Can't Sleep. What Can I Do?

Can't sleep? It happens to all of us! Learn about sleep changes as we age. Discover simple techniques to help you improve your sleep.

Presenter: Gail Shuman is a pediatric neurologist (a story for another day) and frequently presents for New Hampshire Osteopathic Medical Society. There are changes

Member tuition: 20.00 | 1 Tu: 4/19/2022 | 10:00 - 11:30AM | Class Limit: 25
Online - Virtual by Zoom

Mother Nature's Mindfulness: A Feast for the Senses

When we mindfully engage our senses with the natural world, we enjoy more serenity, focus, and creativity. Join Kelly as we discuss and explore simple, yet powerful techniques to utilize the gifts of nature for improved concentration and an increased sense of well-being, including effective ways to create indoor opportunities to incorporate these concepts on a daily basis. Feel yourself relax, becoming less stressed, and calmer!

Presenter: Kelly Dwyer, founder of Nature Education Opportunities, is a self-taught naturalist, an environmental educator as well as a certified elementary teacher and certified wellness coach. She has been developing and presenting engaging programs on a variety of natural history topics for over twenty years. Dwyer sees herself as a facilitator, connecting people of all ages with the joys of nature and sparking the curiosity to continue learning.

Member tuition: 20.00 | 1 Sa: 5/21/2022 | 10:00 - 11:30AM | Class Limit: 20
Hooksett Riverwalk Trail, 111 Merrimack St., Hooksett, NH, 03106

Personal Development

Awakening Wisdom & Compassion

Contemplative slogan practice is a traditional part of many mahayana Buddhist lineages. This class is an introduction to using slogan practice to develop one's understanding of the nature of reality (wisdom; prajna) and one's ability to be kind towards oneself and others (compassion; karuna). Readings will be provided, but the emphasis is on personal experience. Students will meditate and contemplate together in class, as well as independently, and discuss our experience as a way to expand our understanding of slogan practice. The text for this course is *The Practice of Lojong* by Traleg Kyabgon (ISBN 978-1590303788).

Presenter: Janet Romaine has been a Buddhist teacher and meditation instructor for over 30 years. Ms. Romaine is a retired professor of management at Saint Anselm College.

Member tuition: 40.00 | 5 W: 3/2/2022 - 3/30/2022 | 2:00 - 3:15PM | Class Limit: 15
Online - Virtual by Zoom

Demystifying, Decluttering, & Downsizing

We all have so much stuff! This course will offer participants guidance, tips, and provide resource ideas on decluttering and downsizing. Whether the goal is to prepare for a move, end up with a less cluttered home, or a lighter load for loved ones down the road, we will outline the steps needed to start the process and share ideas on keeping the momentum going. We will discuss the challenges and possible options of what to do with accumulated books, dishes, clothing, artwork, linens, memorabilia, and so much more. Additionally, we will talk about what to do with furniture we no longer need. Reach your ultimate goal of packed boxes, all set for a move, or emptier closets, basements, and garages, giving you more breathing room and space in your home and your life.

Presenter: Jill Martin is the owner of Mindful Moves, a move management company that specializes in helping people facing upcoming moves with tasks such as sorting, organizing, cataloging, packing, unpacking, and the final step of clearing out or setting up a house or apartment. She is certified by the National Association of Move Managers (NASMM). Jill is committed to environmental sustainability through downsizing responsibly, and repurposing household objects. She was previously the owner of a consignment store, a home stager, a vendor in an antique mall and worked in the estate sale business. Although not a certified appraiser herself, Jill's many years working with pre-owned objects have given her the skill to identify and assess the value of used furniture and decorative items for the resale market.

Member tuition: 20.00 | 1 Tu: 3/1/2022 | 1:00 - 2:30PM | Class Limit: 35
Online - Virtual by Zoom

How to Have Difficult Conversations

Do you want to engage with others on the topic of diversity but are afraid to stumble or offend? Do you need to challenge discrimination but are unsure how? You will learn the tools to make these discussions more productive. We will cover a variety of topics including conversational norms, skills and barriers to productive conversations, and options for responses to address offensive or tricky comments.

Presenter: James McKim is a sought-after organizational performance speaker, coach, and change manager. Over his more than 35-year career, he has helped small and large organizations in many industries to spark efficiency and growth through the aligning of people, process, and technology. McKim currently serves as Managing Partner of Organizational Ignition. He is known nationally for his current focus on organizational and individual performance through diversity, equity, and inclusion. In addition to his successful career, McKim is Chair of the Episcopal Church's National Executive Council Committee Anti-Racism & Reconciliation and was the principal writer of the church's guidelines on anti-racism and reconciliation. As president of the Manchester Branch of the NAACP, he works regularly with governments and businesses to eliminate discrimination and advance racial healing for all people.

Member tuition: 20.00 | 1 M: 3/7/2022 | 1:00 - 2:30PM | Class Limit: 100
Online - Virtual by Zoom



Nonsense: It's All 'BS' Folks: A Satirical View of 21st Century America

The comedian Sandra Bernhard once commented "My father was a proctologist; my mother was an abstract artist. That's how I view the world." Hidden somewhere in that delightful and yet sublime quote is the theme of this course. To be an American in the 21st century is to subject yourself to a continuous assault of nonsense on your intelligence, psyche, and serenity. Let's take a satirical look at life in America and have some fun. Please note we will be watching videos regarding 'life in America'. These videos are funny and sometimes hysterical but include colorful language. This course is specifically designed for folks who are not thin-skinned, do not have a closed mind, occasionally enjoy thinking in the abstract and/or are aware that "Live Free or Die" is not a state law.

Presenter: Dennis Hebert really enjoys teaching for OLLI at GSC. He brings an old codger's point of view to popular topics.

Member tuition: 30.00 | 3 Th: 4/28/2022 - 5/12/2022 | 1:00 - 3:00PM | Class Limit: 35
 GSC Concord, 25 Hall Street, Concord, NH, 03301

Self-Publishing: Process, Pitfalls, & Payoff

Do agents and publishers shrug off your compelling story? Say "It's good, but...?" Consider self-publishing! Though her writing has been in print since 1988, Gail Schilling took a chance on self-publishing her memoir, *Do Not Go Gentle. Go to Paris: Travels of An Uncertain Woman of a Certain Age*, when she realized that young agents didn't recognize her audience, older women. Now two years after publication in paper, e-book, and audio book formats, she has sold nearly 5,000 copies. Join Schilling for a realistic exploration of publishing options including vanity presses and Kindle Create. Interactive exercises will help you to identify your goals and set deadlines.

Presenter: Gail Thorell Schilling, writer, and teacher, published in Rocky Mountain newspapers, regional magazines, and Daily Guideposts for decades. Her writing earned her several awards from the Wyoming Press Association and a fellowship at the Jentel Artists' Community in Wyoming. Schilling has taught writing at several community colleges and continues to coach memoir writing both in person and online.

Member tuition: 20.00 | 1 F: 5/13/2022 | 2:00 - 4:00PM | Class Limit: 20
 Online - Virtual by Zoom

Welcome to the Mt. Washington Valley

Have you recently moved to the Valley and want to know more about it? Want to meet people in the area and get involved? In this very interactive class, you will learn about all the great opportunities that the Valley has to offer fun events, organizations and clubs, local agencies where you might like to volunteer, various local walks and hikes, great restaurants, art galleries and other interesting places to meet like-minded people. Learn all the distinctive attractions of the many towns in the Valley from Harts Location, NH to Fryeburg, ME. Betsy will answer your questions and will have many resources to share. (P.S. Southern NH residents are also invited to learn what this four-season area has to offer.)

Presenter: Betsy Gemmecke has lived, worked, and volunteered in the Mt. Washington Valley for 43 years. Gemmecke has her MSW, is a "Too Young to Retire" certified facilitator, and a certified Professional Career Development Coach. She has over 30 years' experience in counseling, education, and career development for people of all ages. When she isn't traveling, Gemmecke loves to share the wealth of activities and resources that are available to all.

Member tuition: 20.00 | 1 Tu: 3/15/2022 | 12:30 - 2:00PM | Class Limit: 30
 Conway Public Library, 15 Greenwood Ave, Conway, NH 03818

Science & Technology

Computers, Smartphones, & Tablets

Learning the iPhone & iPad

Did you recently get an iPhone or iPad, or have had one for a while and are wondering how to make it work better for you? This class is an introduction to the history, basic buttons, and the iOS operating system of these devices. We hope to make you familiar and comfortable with this marvel of modern engineering. Topics will include learning the buttons, sliders, and finger gestures; what do all those funny symbols mean; how do we personalize these wonderful tools and toys and make them work. We will explore (a few) of the millions of apps which could make life easier and more fun. Please bring your own iPhone or iPad to class, and don't silence them when we start.

Presenters: Bob Jones is a lifelong film fanatic, avid outdoorsman, skilled computer user, and fan of New Yorker Magazine. Bob shares his many interests by presenting a variety of OLLI courses.

Dottie Nelson is a retired Software Engineer who enjoys playing with the latest technology. She likes helping her OLLI friends feel more comfortable using their iPhone and iPad devices.

Member tuition: 35.00 | 4 Tu: 5/24/2022 - 6/14/2022 | 1:00 - 3:00PM | Class Limit: 16
GSC Concord, 25 Hall Street, Concord, NH, 03301

Say Hello to Your Smartphone

Conway Public Library director, David Smolen, will lead a presentation on the basics of how to use your Android phone. Topics covered will include review of calls and texting, settings, contacts, swiping and tapping, security, apps, and phone plans. Time will be set aside for a question and answer period.

Presenter: David Smolen has been the Director of the Conway Library for three and a half years. Smolen works in the library with tech referencing, technical assistance, and technical education.

Member tuition: 20.00 | 1 F: 3/18/2022 | 10:00 - 11:30AM | Class Limit: 15
Conway Public Library, 15 Greenwood Avenue, Conway, NH 03818

Zoom 101 Introduction to Zoom: Personal Computers (PC), Laptops, Notebooks

This class is an introduction to the Zoom online platform for video meetings. It is an application that enables users to meet online with family, friends, and colleagues. Zoom is an easy way to stay connected, share, and keep in touch at a distance. You will learn how to join a meeting and take advantage of all the features for participating. OLLI has been presenting classes and events via Zoom since April 2020. It is a great way for members to stay connected and continue to enjoy our offerings. This section is for those using Zoom on computers, tablets, and laptops.

Presenter: Tessa McDonnell works for OLLI part-time and is an adjunct faculty member at Granite State College in the School of Education. She has been engaged in teaching through technology for 30 years. McDonnell has used Zoom for meetings with non-profit agencies and with her students for over five years. Ever curious about the world around her, she enjoys deep discussions and exploring new ideas.

Section 1 Member tuition: 0.00 | 1 W: 2/23/2022 | 10:00 - 11:30AM | Class Limit: 30
Online - Virtual by Zoom

Section 2 Member tuition: 0.00 | 1 Th: 2/24/2022 | 1:00 - 2:30PM | Class Limit: 30
Online - Virtual by Zoom

Mathematics

Ace, Bridge, Craps: Math Fun & Reasoning with Friends

When does the first Ace turn up when dealing a well-shuffled deck of cards? What is the chance that you are dealt a perfect Bridge hand, 13 of one suit? As the player, what is your chance of winning at Craps? Using addition, subtraction, multiplication, and division, we will consider and answer these questions. We will also go on to carnival games, coin flips, random walks, and oddities aimed at grabbing your interest and collective brainstorming.

Presenter: Bill Faulkner has presented 31 times with OLLI, nine unique courses in seven cities. With more than 50 years of teaching under his belt, he likes to interact with inquiring minds and welcomes suggestions for the content of his upcoming courses.

Member tuition: 25.00 | 2 W: 5/4/2022 - 5/11/2022 | 10:00AM - 12:00PM | Class Limit: 24
GSC Concord, 25 Hall Street, Concord, NH, 03301

Algebra Based Calculus: Not Hazardous to Your Health

Calculus is the mathematical study of change, a natural outgrowth of algebra (solving equations) and geometry (shape). Calculus is interesting and worthwhile, not totally irrelevant. Many people don't have any idea what it is about. We will shatter the notion that Calculus is impossibly difficult unless you happen to be a direct descendant of Einstein. Using examples, we will review algebra and geometry, introduce the concept of limit, then learn differentiation and integration. Math/science majors and engineers should NOT choose this course.

Presenter: Bill Faulkner has presented 31 times with OLLI, nine unique courses in seven cities. With more than 50 years of teaching under his belt, he likes to interact with inquiring minds and welcomes suggestions for the content of his upcoming courses.

Member tuition: 45.00 | 6 F: 5/13/2022 - 6/17/2022 | 10:00AM - 12:00PM | Class Limit: 25
UNH Professional Development & Training, 231 Corporate Drive, Portsmouth, NH, 03801

Sciences

Ask Me Anything: Meteorology Q&A

Do you have a weather question you wish you could just sit down with a meteorologist and ask? Here is your chance. No agenda, no class instruction, just open dialogue about the weather. Bring your weather questions!

Presenter: Cyrena Arnold is a degreed meteorologist that has worked on television in Alaska, with NASA, and was the Director of the Mount Washington Observatory. She is the author and illustrator of the children's book "The Weather Story." Arnold's courses are educational and entertaining as she translates the complex world around us in an easy-to-understand way.

Member tuition: 20.00 | 1 W: 4/6/2022 | 10:00 - 11:30AM | Class Limit: 100
Online - Virtual by Zoom

Camp Century: Greenland's "City Beneath the Ice"

In the late 1950s, the US Army created "Camp Century," a northern military observation post, designed to be a secret "City Beneath the Greenland Ice Sheet." A nearly mile-long ice core was drilled down to bedrock, revealing woody debris at its base recently determined to be approximately 1.2 million years old. Professor Rock has joined a team of geologists from the University of Vermont in investigating this woody debris. Join Rock as he uses comparative wood anatomy to identify the species of trees that produced the debris.

Presenter: Dr. Barrett "Barry" Rock is Professor Emeritus in the Department of Natural Resources and Environment at the University of New Hampshire. Trained as a botanist and geologist, his current research is focused on the use of the Scanning Electron Microscope (SEM) to study small pieces of woody vegetation.

Member tuition: 20.00 | 1 F: 4/8/2022 | 10:00 - 11:30AM | Class Limit: 40

Online - Virtual by Zoom

Hurricanes: How They Form & Function

On the opening day of Hurricane Season, come join us to learn all the basics about these massive storms. The course will teach you how they form, how they work, and will answer any questions you have about hurricanes.

Presenter: Cyrena Arnold is a degreed meteorologist that has worked on television in Alaska, with NASA, and was the Director of the Mount Washington Observatory. She is the author and illustrator of the children's book "The Weather Story." Arnold's courses are educational and entertaining as she translates the complex world around us in an easy-to-understand way.

Member tuition: 20.00 | 1 W: 6/1/2022 | 10:00AM - 12:00PM | Class Limit: 100

Online - Virtual by Zoom

Romantic Behavior: The Fascinating World of Animal Courtship

Early spring in New Hampshire brings a cacophony of sounds in the woods, fields, and ponds as a multitude of animals begin fascinating courtship rituals. In this course we will explore the natural history and behaviors of our avian, mammal, and amphibian wildlife as they prepare for a busy breeding season. Nighttime noises and antics outside your windows will have new context!

Presenter: Kelly Dwyer, founder of Nature Education Opportunities, is a self-taught naturalist, an environmental educator as well as a certified elementary teacher and certified wellness coach. She has been developing and presenting engaging programs on a variety of natural history topics for over twenty years. Dwyer sees herself as a facilitator, connecting people of all ages with the joys of nature and sparking the curiosity to continue learning.

Member tuition: 20.00 | 1 Tu: 3/8/2022 | 7:00 - 8:30PM | Class Limit: 30

Online - Virtual by Zoom

Yuka the Arctic Fox

Meet Maria Laycox and her Arctic Fox, Yuka. Learn about Maria's interest in all foxes in New Hampshire, her life with Yuka and listen to her relate stories about Yuka. Yes, Yuka will be coming to class!

Presenter: Maria Laycox holds many certifications as a Realtor, Associate Broker, and Broker Manager who focuses on the New Hampshire's home sellers and buyers. She currently lives in Salisbury, NH with her Arctic Fox, Yuka. Yuka is the only Fox in New

Hampshire being exhibited for the public to see up close and personal and is part of an exhibit presentation Maria creates for New Hampshire called "Foxes in New Hampshire."

Member tuition: 20.00 | 1 F: 3/18/2022 | 2:00 - 3:30PM | Class Limit: 25
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Social Sciences

Philosophy

Gabriel Marcel: An Existentialist Vision of Hope

Gabriel Marcel belonged to the generation of thinkers most readily identified as Existentialists. While Marcel did not like that label, he shared with them a method of setting up reflections about human nature by focusing on direct descriptions of experience. He also contested against the ideas of Jean Paul Sartre and Albert Camus insofar as he maintained that the conditions of human freedom were rooted in the possibility of transcendence and not conflict and frustration. The course will consist of four classes, each beginning with a presentation explaining his key ideas, and then discussion of selections from an anthology of Marcel's writings. His ideas offer important connections to contemporary problems. Marcel thought disagreement was where philosophy became interesting, and with some luck, that will invigorate the course as well. To prepare for the course, participants will need to obtain a copy of A Gabriel Marcel Reader (ISBN 978-1-58731-326-4) and come ready to discuss pages 1 to 68 during the first class.

Presenter: Jim Mahoney holds a PhD from the University of Notre Dame. He is an Emeritus Professor from Saint Anselm College where he taught Philosophy for forty years. Mahoney was strongly involved in the College's core Humanities Program, serving as Chair of the Jefferson unit, and developed the Paris-New York class for the program. His areas of specialization are Existentialism, American Philosophy, and Ethics.

Member tuition: 35.00 | 4 Tu: 3/1/2022 - 3/22/2022 | 10:00 - 11:30AM | Class Limit: 18
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Socrates Cafe

Socrates led his students to wisdom by challenging their beliefs with piercing and persistent questions. Join us in discussing topics that explore who we are, why we act as we do, what we strive for and how we achieve our goals. It is a seminar of questions - not answers. Prepare to think, to be challenged, and to be open to changing your mind.

Presenter: George Epstein has undergraduate and graduate degrees in math, psychology, and business from Dartmouth College and the University of Maine. He founded and led an electronic medical record business for behavioral health organizations. Epstein has served as a town moderator and University System of New Hampshire trustee.

Member tuition: 30.00 | 3 Tu: 4/19/2022 - 5/3/2022 | 9:00 - 10:30AM | Class Limit: 12
The Echo Group, 15 Washington St, Conway, NH 03818

Politics & Current Events

2022 Midterm Elections: A Preview to the Next “Greatest Political Show on Earth”

The 2022 Midterm Elections are shaping up to be perhaps the momentous (and unpredictable) in half a century. The Democrats currently control the U.S. House of representatives by only 8 votes - the slimmest majority since 1953; and the last time the Senate was divided 50-50 (as it is now) was in 1881! So what is it going to be? The GOP can regain control of Congress by flipping just 5 House seats and 1 Senate seat. The historical odds of that happening are greater than 90%. Or will the Democrats pull off a major upset, as happened in 1998 and 2002, and either hold their own or actually gain seats in one or both chambers? In a preview of the upcoming election, we will identify the most vulnerable seats of both parties, analyze the impact of redistricting, review the demographics of likely voters, look at early polls and fund raising, identify emerging campaign themes and assess the impact of outside events. Midterm elections are historically a referendum on the performance of the incumbent president, so will the successes and failures of President Biden over the last two years control the political agenda? Or will the specter of Donald J. Trump once again dominate the debate? Stay tuned while we leave political correctness at the front door. But one thing is certain: It's going to be a knock-down, drag-out, no-holds-barred election. So let the fun begin!

Presenter: Dave Hess is a graduate of Dartmouth College and Yale Law School and was a Fellow at Harvard's Kennedy School of Government. He is a retired trial lawyer who served as an New Hampshire Assistant Attorney General under Warren Rudman and David Souter and was a member of the NH House of Representatives for 25 years, including terms as Majority Leader, Deputy and Assistant Majority Leader. Hess has presented several diverse and varied classes at OLLI over the last 6 years. He developed a passion for politics more than 50 years ago when he became involved in the 1964 presidential primary. History in general, and political, military, and American western history, have been some of his lifetime interests.

Member tuition: 25.00 | 2 Th: 5/26/2022 - 6/2/2022 | 10:00AM - 12:00PM | Class Limit: 75
GSC Concord, 25 Hall Street, Concord, NH, 03301

Amirs, Presidents, & Hijabis: Political Islam in Practice

Muslim political activism takes many forms. What gets called Political Islam ranges from the activism of militant individuals to the programs of organizations like the Muslim Brotherhood and the state-enforced policies of the Islamic Republic of Iran and the Taliban in Afghanistan. It involves the activism of women, which is too often ignored by analysts, as well as men. This course will examine the evolution of Political Islam, in its many forms, over the past century. Political Islam has changed as the nature of modernity and modern global affairs has changed. This history is not a story of “tradition” versus “modern.” As will be discussed, even the fundamentalist and traditionalist movements are modern – but not necessarily modernist – in their organization and activism. The discussion will view Political Islam as a participant in a clash and dialogue of modernity's rather than a “clash of civilizations” or a “jihad vs. McWorld.”

Presenter: John Voll is a specialist in Islamic Studies who taught Middle Eastern and world history at the University of New Hampshire before he moved to Georgetown University. Voll has published studies of Islamic movements and organizations from Nigeria to Indonesia. His most recent book, which he co-authored, is “Islam and Democracy after the Arab Spring.” Voll is a past president of the Middle East Studies Association of North America and, in New Hampshire, served on the Humanities Council and the World Affairs Council.

Member tuition: 20.00 | 1 Th: 4/14/2022 | 10:00 - 11:30AM | Class Limit: 30
Online - Virtual by Zoom

Consequential Decisions: The U.S. Supreme Court in Law & Politics

Focusing on key U.S. Supreme Court decisions in the 20th century, we will delve into the following cases: Brown v. Board of Education (1954), which outlawed racial segregation in public schools; two voting decisions, Baker v. Carr (1962) and Reynolds v. Sims (1964), establishing the principle of “one person, one vote”; and Roe v. Wade, which overturned state laws forbidding abortion in 49 states. Each of the three class sessions will consider the historical currents that led to the landmark decisions, the results of implementation by the Executive and Legislative branches and the politics surrounding them, and their relevance today to the great issues before the nation. Familiarity with these cases is desirable but not necessary to enjoy the course.

Presenter: Douglas Rooks is a life-long journalist and, since 2014, an author of three books, including “Statesman: George Mitchell and the Art of the Possible,” and “Rise, Decline and Renewal: The Democratic Party in Maine.” Over the past 45 years, he has served as an editor, publisher, reporter, and commentator. His weekly column runs in the Portsmouth Herald, where he takes on many state and national issues.

Member tuition: 30.00 | 3 Th: 3/10/2022 - 3/24/2022 | 10:30 - 11:30AM | Class Limit: 30

Online - Virtual by Zoom

Great Decisions Part 1

Developed by the Foreign Policy Association to promote understanding of American Foreign Relations, “Great Decisions” provides the perfect opportunity to learn about issues concerning U.S. policymakers today and pose foreign policy challenges for tomorrow. Read, watch, and join the discussion. The current topics for this year can be explored at https://www.fpa.org/great-decisions/?act=gd_topics. Please note, you must obtain the current year’s Great Decisions book on your own. It can be purchased online from Foreign Policy Association greatdecisions.org or through your favorite e-book vendor.

Presenter: Tessa McDonnell works for OLLI part-time and is an adjunct faculty member at Granite State College in the School of Education. She has been engaged in teaching through technology for 30 years. McDonnell has used Zoom for meetings with non-profit agencies and with her students for over five years. Ever curious about the world around her, she enjoys deep discussions and exploring new ideas.

Member tuition: 35.00 | 4 Th: 4/28/2022 - 5/19/2022 | 10:00AM - 12:00PM | Class Limit: 20

Note: \$2.25 activity fee is added to your registration. Total is \$37.25.

Online - Virtual by Zoom

Immigration Policy Under President Biden: A Broken System & More of the Same?

Biden and Trump approached the immigration problem differently, but questions remain about what has changed. During this course, we will review basic immigration practices and explore the action behind current headlines including updates on the resettlement program for Afghans, Deferred Action for Childhood Arrivals (DACA) for young people, Temporary Protected Status (TPS) for Haitians and others, the ongoing crisis on our southern border, the worker shortage throughout New Hampshire, and the U.S. economy. We will also discuss the effects of COVID on immigration and the difficulty of obtaining a visa to the U.S. today.

Presenter: George Bruno is a practicing immigration lawyer with Mesa Law LLC in Manchester and principal in the consulting firm of the International Resource Group LLC. He has traveled to 60 countries, and is the former U.S. ambassador to Belize.

Member tuition: 20.00 | 1 W: 4/20/2022 | 10:00AM - 12:00PM | Class Limit: 25

Online - Virtual by Zoom

Ranked-Choice Voting: The Australian Way

Ranked-choice voting is a way to break out of our current polarized political climate in the congress and state legislatures. Here in the U.S., ranked-choice voting has been used in several state and municipal elections where political parties are not a significant factor. Australia has been using ranked-choice voting for over a century in its parliamentary elections, and they have a vigorous multi-party system with two fairly dominant parties. The course will start with an explanation of how ranked-choice voting works in Australia's parliamentary system and conclude with a discussion of which features are relevant as we consider reforming our own electoral system.

Presenter: Glenn Meyers has worked as both a college professor and in the insurance industry as a research actuary. He has given over 100 professional presentations on technical topics to audiences with varying levels of expertise. In retirement, Meyers has been studying a number of scientific and current event topics, largely from a historical perspective. A frequent presenter for OLLI, he enjoys sharing these interests with others.

Member tuition: 20.00 | 1 M: 4/25/2022 | 10:00AM - 12:00PM | Class Limit: 25

Online - Virtual by Zoom

Sociology, Religion, & Culture

Amazon, Facebook, Google, Twitter: Too Big? Too Powerful? What Next?

Amazon, Facebook, Google, Twitter – these technological and internet platform behemoths have been coming under increasing attacks from across the political spectrum. We will explore how traditional anti-trust laws, concepts and policies could apply to these enormous and enormously successful companies; whether the complaints and accusations are grounded in fact and reality; and other related issues. Lively discussion, debate, and expression of different perspectives and opinions will be expected and encouraged in a dynamic and collegial environment.

Presenter: Dave Hess is a graduate of Dartmouth College and Yale Law School and was a Fellow at Harvard's Kennedy School of Government. He is a retired trial lawyer who served as an New Hampshire Assistant Attorney General under Warren Rudman and David Souter and was a member of the NH House of Representatives for 25 years, including terms as Majority Leader, Deputy and Assistant Majority Leader. Hess has presented several diverse and varied classes at OLLI over the last 6 years. He developed a passion for politics more than 50 years ago when he became involved in the 1964 presidential primary. History in general, and political, military, and American western history, have been some of his lifetime interests.

Member tuition: 25.00 | 2 Th: 4/21/2022 - 4/28/2022 | 10:00AM - 12:00PM | Class Limit: 30

GSC Concord, 25 Hall Street, Concord, NH, 03301

“ With OLLI at Granite State College I’ve discovered new things about my community, made great friends and through volunteering, I feel that I’ve made a difference.”

- **Cindy Graham**, Class of 2016

How to Bring Change to a Poor Community

Working in communities with decaying housing and low expectations, how can we improve lives and homes without gentrification that drives long-term residents out? Why do people like their neighborhoods and how can we reach those expectations? See how the Waterville (ME) Community Land Trust convinced the city to begin a housing committee, developed avenues for subsidy funding, worked with a neighborhood association, and initiated a partnership with Habitat for Humanity for a third house project. How to bring change to a poor community? That's an important question, and one we think about nearly every day.

Presenter: With a background in historic structures, renovations, running conservation land trusts and after three years of observing the successes of a community land trust (CLT) in Vermont, Nancy Williams found herself in Waterville, ME, a city with a poverty rate of over 20%. With nearly blind optimism, she co-formed the Waterville Community Land Trust. Members of the trust began with the perfectly insane idea of working in the poorest area of the city and have struggled for six years to renovate and sell two homes. In the process, they sparked important changes in the way the city manages housing issues.

Member tuition: 20.00 | 1 Tu: 4/19/2022 | 1:00 - 2:30PM | Class Limit: 25

Online - Virtual by Zoom

Jewish Resistance During the Holocaust

During World War II, the majority of European Jews were imprisoned by the Nazis in ghettos before being deported to concentration camps or "work camps" where they were starved, murdered or worked to death. Yet approximately 30,000 Jews, many of whom were teenagers, escaped the Nazis to form organized resistance groups. These Jews are known as the Jewish partisans who fought against the enemy throughout much of Europe. Using the film *Defiance* (starring Daniel Craig) as background, students will: Become familiar with the history of Jewish partisans; Engage in discussion about the complex ethical issues partisans faced; Differentiate between authority and leadership; Discover underlying Jewish values that influenced the actions of partisans; Explore primary sources and relate them to modern, historical, and personal issues.

Presenter: Lou Yelgin is a Keene State College Cohen Center Fellow whose research interests are Jewish Resistance and Children of Survivors. Yelgin is a child of Holocaust survivors. His parents survived the Nazis as members of a partisan resistance group in the Nacha Forest near Eishyshok, Lithuania. After being liberated by the Soviet Army, they emigrated to the U.S. in 1949, rebuilt their lives, and raised two children in the Boston area. The many stories told by his parents and their survivor friends fueled his interest in the Holocaust and his motivation to retell the stories to future generations.

Member tuition: 30.00 | 3 W: 4/27/2022 - 5/11/2022 | 10:30 - 11:30AM | Class Limit: 12

Online - Virtual by Zoom

Near-Death Experience & Eternal Life

According to St. Francis, "In dying we are born to eternal life." The COVID pandemic has made the issue of death a daily news topic and matter of personal concern. What is death? "Proof of Heaven" is the title of neurosurgeon Eben Alexander's book. His near-death experience convinced him we are more than bodies, and death is not the end of consciousness. In this class you will hear Dr. Alexander's answer to Oprah Winfrey's question, "Did you see God?" The presenter will then summarize Paul Tillich's and Alfred N. Whitehead's theologies of eternal life.

Presenter: Paul H. Carr has a Bachelor's from MIT and a PhD from Brandeis University. Carr is an IEEE Life Fellow and led a branch of the Air Force Research Laboratory that developed the surface acoustic wave filters used in cell phones and radar. After retirement, the John Templeton Foundation awarded him a grant for the philosophy courses he taught at the University of Massachusetts Lowell which inspired his book "Beauty in Science and Spirit."

Member tuition: 30.00 | 3 F: 4/22/2022 - 5/6/2022 | 10:30 - 11:30AM | Class Limit: 100

Online - Virtual by Zoom

Reparations in New Hampshire

Reparations is defined as the act of amending for a wrong by helping those who have been aggrieved. Learn about this complex topic, understand the issues involved in reparations, and begin to obtain a sense of why it is important for everyone to play a part and what you can do.

Presenter: James McKim is a sought-after organizational performance speaker, coach, and change manager. Over his more than 35-year career, he has helped small and large organizations in many industries to spark efficiency and growth through the aligning of people, process, and technology. McKim currently serves as Managing Partner of Organizational Ignition. He is known nationally for his current focus on organizational and individual performance through diversity, equity, and inclusion. In addition to his successful career, McKim is Chair of the Episcopal Church's National Executive Council Committee Anti-Racism & Reconciliation and was the principal writer of the church's guidelines on anti-racism and reconciliation. As president of the Manchester Branch of the NAACP, he works regularly with governments and businesses to eliminate discrimination and advance racial healing for all people.

Member tuition: 20.00 | 1 Tu: 3/22/2022 | 1:00 - 2:30PM | Class Limit: 100

Online - Virtual by Zoom

Things Are Better Than You Think

Tired of pandemics, politics, propaganda, personalized ads, and anything starting with "P"? According to Hans Rosling, things are better than you think! We will view various TED videos by Hans Rosling and review his book "Factfulness: Ten Reasons We're Wrong About the World... and Why Things Are Better Than You Think." Hans' message is not just the data/fact-based reality that things have and are improving, but that we have built in resistance to recognizing the improvements. Hopefully we will all come away not just feeling better about the world but recognizing how to avoid or mitigate the "joy suckers" that make us feel worse. While not required reading, the course will be building on Hans Rosling's book.

Presenter: Jim Isaak is a retired/recovering techie with a diverse set of interests including artificial intelligence, privacy, social media, lies, spies, sunken subs, as well as the limits and approaches to critical thinking that span all of topics.

Member tuition: 25.00 | 2 M: 4/11/2022 - 4/18/2022 | 10:00AM - 12:00PM | Class Limit: 50

Online - Virtual by Zoom

Exploring the Community

Drum Circle & Percussion

Participants will experience playing in an ensemble, learn rhythms, and jam with various percussion instruments such as drums, hand shakers, cow bells and tambourines.

Presenter: Jared Steer is a well-rounded performer who plays with a vast number of projects as a band member and freelance artist. He has recorded with many of the region's top artists, among them Shawn Monteiro (jazz vocalist), Steve Rucker (Bee Gees), Buddy Cage (New Riders of the Purple Sage), Vince Welnick (Grateful Dead), and Kimberly Dahme (Boston). During his career, Steer has had the pleasure of playing a variety of venues around the country ranging from the Hatch Shell in Boston to the Lincoln Center in New York City to live Sirius Radio in Washington, DC.

Member tuition: 30.00 | 3 Tu: 3/1/2022 - 3/15/2022 | 1:30 - 2:30PM | Class Limit: 15

Manchester Community Music School, 2291 Elm Street, Manchester, NH, 03104

Forerunner of the Future: Visit the USS Albacore (AGSS-569) Submarine

USS Albacore (AGSS-569) Submarine holds a special place in history as the first Navy designed vessel with a true underwater hull of cylindrical shape that has become the standard for the current submarine force today. Built at the Portsmouth Naval Shipyard, USS Albacore served from 1953 to 1972 without ever carrying a weapon or going to war. Her motto is “Praenuntius Futuri” (“Forerunner of the Future”), and her mission was experimental. The submarines of WWII were slow and unable to maneuver effectively on the surface and submerged. USS Albacore changed all that with experimentation in increased speeds while submerged and her new shape afforded more hydrodynamic maneuvering capability. Join Executive Director, Patricia Violette, for a closer look at one of Portsmouth’s more unique attractions and historic sites. The submarine museum uses an engaging hands-on approach that will have you climbing aboard this submarine, sitting in the seats, driving the boat, looking through the periscope, experiencing a submariner’s daily life, and so much more. The Portsmouth Submarine Memorial Association (PSMA) was formed to display and maintain the USS Albacore (AGSS-569) submarine. Today, Albacore welcomes 50,000 visitors a year to the Park. Many members of the PSMA are former crewmembers who served on Albacore during her 19-year lifespan as well as engineers who worked on her at the Portsmouth Naval Shipyard.

Note: The \$9 admission fee will be collected at the museum.

Presenter: Patricia Violette has more than 20 years of experience in non-profit management and museum leadership, including Old Fort Western in Augusta, ME, the Shirley-Eustis Historic House in Boston, and the Mt. Kearsarge Indian Museum in Warner, NH. She currently serves as the Executive Director of the Portsmouth Submarine Memorial Association. Patricia received an AS in Business and a BS in History from the University of Southern Maine. She also has an MS in Education from Thomas College in Waterville, ME. Violette’s father was a 20-year Navy man which drew her into the history of the U.S. Navy.

Member tuition: 20.00 | 1 Th: 5/26/2022 | 10:00 - 11:00AM | Class Limit: 20
USS Albacore Submarine and Museum, 569 Submarine Way, Portsmouth, NH, 03801



From Our Farm to Your Table: Tour Miles Smith Farm

Miles Smith cleared the land and built the farmhouse in the 1830s. Today the Miles Smith Farm is home to grass-fed cattle, pigs, ducks, geese and a rabbit. Cattle's life on a local farm is vastly different from large scale operations. Present-day owners Carole Soule and Bruce Dawson consider themselves "grass farmers" because their cattle thrive on grass in the summer and hay in the winter. Scottish Highlander cattle are the pride of Miles Smith Farm and one of the sources of their antibiotic-free beef. A Market in Manchester, Canterbury Country Store, Chichester Country Store, Concord Food Coop and local farmers markets are among local retailers that sell Miles Smith meats. There is also a solar-powered retail store at the farm where you can find other local products in addition to meat. The farm also serves as an educational resource to local schools and clubs by practicing rural land use that is environmentally, economically, and culturally sustainable. "Concord Monitor" readers will recognize Carole from her weekly articles about farm life. Wear sensible footwear for the farm tour and allow extra time to shop at their retail store.

Presenter: Carole Soule is co-owner of Miles Smith Farm in Loudon where she raises and sells beef, pork, lamb, eggs, and other local products. She also writes a weekly article about farm life for the Concord Monitor. She was voted one of New Hampshire Magazine's Remarkable Women in 2014 and is also the author of the children's book, "The Curious Little Calf Named Bleu," published in 2012.

Member tuition: 20.00 | 1 F: 5/27/2022 | 10:00AM - 12:00PM | Class Limit: 12
Miles Smith Farm, 56 Whitehouse Road, Loudon, NH, 03307

History of Jazz Guitar

The history of jazz guitar encompasses the styles and lives of legendary icons from Charlie Christian to Wes Montgomery and to modern day artists such as Pat Metheny and Pat Martino. During this course, we will discuss the artists' approach to soloing and other aspects of their playing.

Presenter: Tony Zanini has performed throughout New England with several bands in such venues as Hynes Auditorium, Mechanics Hall in Worcester, the Museum of Science and WGBH Studios. Zanini has been teaching extensively in the Greater Boston and New Hampshire area and loves to share his stories of jazz clubs and concert halls where he met legendary performers such as Andres Segovia and George Benson.

Member tuition: 30.00 | 3 Th: 3/3/2022 - 3/17/2022 | 11:45AM - 12:45PM | Class Limit: 10
Manchester Community Music School, 2291 Elm Street, Manchester, NH, 03104

Introduction to Piano

In this course, designed for adults new to the piano, learners will become acquainted with the keyboard and reading music without the pressure or intensity of one-on-one lessons. Together, we will explore the basics of keyboard geography, music reading, and learn to play simple songs. Additional activities will be tailored to student needs and interests. Owning a keyboard is not required for participation.

Presenter: Kaitlyn Leahy has worked actively as a free-lance pianist since 2009 and has taught music lessons since 2012. Throughout her teaching career, Leahy has prepared students to succeed in a multitude of performance settings while remaining sensitive to their holistic needs. She has researched adult music learning, compassionate music teaching and the ways that music learning can contribute to well-being and has shared that research in several published articles and as a presenter at New England music conferences.

Member tuition: 30.00 | 3 Tu: 4/26/2022 - 5/10/2022 | 11:00AM - 12:00PM | Class Limit: 8
Manchester Community Music School, 2291 Elm Street, Manchester, NH, 03104

It's Time to Make the Bagels

Come join us at Bagels Plus for a free coffee and bagel before stepping into the kitchen to assist with or just observe making bagels. Previously this course sold out quickly and everyone had so much fun. So, whether or not you have baking experience, you should have a lot of laughs recreating your own Lucy and Ethel at the chocolate factory skit!

Presenter: Carol-Ann and Frank Dahlmeyer are local business owners who enjoy giving back to the community. They have owned Bagels Plus for 8 years and have consistently been voted one of the best bagel shops in the Valley.

Member tuition: 20.00 | 1 Th: 5/19/2022 | 8:30 - 10:00AM | Class Limit: 15
Bagels Plus, 2988 White Mountain Highway, North Conway, NH, 03860

Jewish Lifecycles

What are often called rites in Christianity are called lifecycles in Judaism. This class explores Jewish lifecycles from birth, including the "bris," to death and everything in between. This is the course for you if you have ever wondered why we celebrate a young person coming of age at 13, why weddings occur under a canopy, and why Jewish funerals happen so quickly after death.

Presenter: Robin Nafshi is the rabbi of Temple Beth Jacob in Concord. She embraces the definition of rabbi as "teacher" and has generously shared her knowledge as an OLLI presenter for many years.

Section 1 Member tuition: 20.00 | 1 M: 2/28/2022 | 10:00AM - 12:00PM | Class Limit: 40 Online - Virtual by Zoom

Section 2 Member tuition: 20.00 | 1 Th: 3/10/2022 | 10:00AM - 12:00PM | Class Limit: 40 Temple Beth Jacob, 67 Broadway, Concord, NH, 03301

Note: Temple Beth Jacob requires all those who enter their facility to be vaccinated and masked for the duration of the event.

Mt. Kearsarge Indian Museum Tour

Participants will tour the Mt. Kearsarge Indian Museum. Experience the history of Native North America through galleries that span the entire North American continent and reflect over 20,000 years of cultural expression. Your visit will begin with a brief informational video of the museum and its founders, Bud and Nancy Thompson. Your tour will include several galleries that articulate lifestyles, environments and art of each region. Following the tour, participants are welcome to revisit the galleries and enjoy the 12-acre campus which includes wooded trails and an arboretum with over 200 species of plants, flowers and bushes used by Native people for food, medicines and crafts.

Presenter: Andrew Bullock has had a long-time association with Mt. Kearsarge Indian Museum and Native art. As the Executive Director, he combines his understanding of the New Hampshire Native community, oral traditions, and programming. Bullock has facilitated Traditional Teachings and beading workshops at his alma mater Trent University, as well as University of Ontario Institute of Technology and the Canadian Canoe Museum.

Member tuition: 20.00, Note: \$8.00 admission fee will be added to your registration for a total of \$28.00
1 W: 5/11/2022 | 10:00AM - 12:00PM | Class Limit: 20
Kearsarge Indian Museum, 18 Highlawn Road, Warner, NH, 03278

Pierce Manse and the Eagle Coffee House

Tour the Pierce Manse, home of our 14th president, Franklin Pierce and his family. Our visit will include a presentation on the history the Eagle Coffee House. Opened on North Main Street in Concord in 1827, the Eagle Coffee House was the center of social, political, business, and travel activity in town.

Presenter: When Joan Davis retired from teaching fifth grade at Walker School, she became a volunteer at the Pierce Manse in Concord. In the process she learned a great deal about Franklin Pierce, topics related to him, and the life he lived.

Member tuition: 20.00, Note: \$7.00 admission fee will be added to your registration for a total of \$27.00

1 W: 4/13/2022 | 1:00 - 3:00PM | Class Limit: 30

Pierce Manse, 14 Horseshoe Pond Lane, Concord, NH, 03301

Women Composers at the Piano II: More Examples of Unsung Brilliance

Discover the stories and music of notable, but long overlooked, composers Amy Beach, Florence Price, Ethyl Smyth, Dora Pejačević, and more. Live performances of some of their piano works will illustrate their individual styles. It is not necessary to have attended the previous course offered in fall 2021 to enjoy this program.

Presenter: Pamela Langley studied piano locally as a child and then with Louise Rogers and Donald Steele while she was a student at the University of New Hampshire. She has performed locally for many years, primarily as a church musician and accompanist for individuals and choral groups. Pam was a member of the baroque trio, the Jefferson Street Ensemble, which performed in the Portsmouth area in the 1980s, and she sang with the Amare Cantare for many years. In her retirement from a long career at NHTI-Concord's Community College, Pam continues to perform, most often playing two-piano repertoire with her partner, Jim Bullock.

Member tuition: 20.00 | 1 Th: 6/2/2022 | 1:00 - 3:00PM | Class Limit: 60

Community Church of Durham, 17 Main Street, Durham, NH, 03824



Woven in Time: The Tapestry of Manchester History

This educational tour of the Millyard Museum, housed in Mill No. 3 at the corner of Commercial and Pleasant Streets in the historic Amoskeag Millyard, features the permanent exhibit, Woven in Time: 11,000 Years at Amoskeag Falls. The exhibit tells the story of Manchester and the people who have lived and worked here. The story starts with the native peoples who fished at Amoskeag Falls 11,000 years ago and continues with displays on the area's early farmers and lumbermen, and the beginnings of industry in the area. It then focuses on the story of the development of the Amoskeag Manufacturing Company. This powerful corporation would become one of the largest textile producing companies in the world, employing over 17,000 people, including immigrants from many countries. The company's vast brick mill yard still dominates the cityscape today. The story continues into the 20th and 21st centuries, as innovative businesses flourish in the city and new groups of immigrants come to Manchester to start new lives.

Presenter: John Clayton is the executive director of the Manchester Historic Association and Millyard Museum. He previously spent 25 years as a reporter and columnist for the New Hampshire Union Leader and is the author of seven books about Manchester and New Hampshire. John's "In the City" column was a fixture on the front page of the "Union Leader" for more than 20 years and won numerous awards. John received an Emmy Award for his work with NH Public Television where he was the long-time host of "NH Crossroads" and he was recently honored by the NH Humanities Council as one of its "40 over 40" cultural icons.

Member tuition: 20.00, Note: \$5 admission fee will be added to your registration for a total of \$25.00.

1 Th: 4/7/2022 | 11:00AM - 12:30PM | Class Limit: 25

Millyard Museum, 200 Bedford Street, Manchester, NH, 03101

Outdoor Adventures

Around the Historic New Hampshire State House

The gold dome of the New Hampshire State House dominates the city of Concord, but have you ever wondered about the historic buildings that surround it? Join this course for a walking tour of the area. You will stop to look at statues and monuments as well as at the facades of the Upham-Walker House, New Hampshire State Library, Legislative Office Building, New Hampshire Historical Society, Department of Justice and State House Annex. There may be opportunities to go inside the main lobbies of some buildings. There will be a lot of standing and walking, some stairs to climb and very little opportunity to sit so participants should wear comfortable walking shoes. You may want to bring bug spray and sunscreen.

Presenter: Virginia Drew is the Director of the State House Visitors' Center. She is a native and on the Board of Selectman in Epsom, a founder and member of the Friends of The Epsom Library, former Library Trustee, former School board member, Municipal Budget Committee member, and active in the Epsom Historical Association. Drew is on the Executive Board for the National Legislative Services and Security Association, and she has visited forty U.S. capitols and four Canadian capitols, as well the British Parliament, and the seats of the French and Netherland parliaments.

Member tuition: 20.00 | 1 M: 4/25/2022 | 1:00 - 2:30PM | Class Limit: 30

NH State House, 107 North Main St, Concord, NH, 03303

Canterbury Shaker Village Tour

Explore the historic structures of Canterbury Shaker Village and hear about the people who lived and worked there. Learn of the key beliefs and enduring values of the Canterbury Shakers that allowed them to create a successful utopian community that lasted for more than 200 years. Please wear comfortable walking shoes and do be aware that many of the buildings have limited handicapped access. We will meet at the Museum Store to begin the tour.

Member tuition: 20.00, Note: An \$18.00 admission fee will be added to your registration for a total of \$38.00.

1 Tu: 5/24/2022 | 10:00AM - 12:00PM | Class Limit: 20

Canterbury Shaker Village, 288 Shaker Road, Canterbury, NH, 03224

Explore Bedrock Gardens

Bedrock Gardens is an oasis for horticulture, art and inspiration. It has been described as a haven in the ever-expanding land of stoplights and traffic jams on our formerly quiet by-ways. Over the last 30 years, this 37-acre 1740's farm site was recreated as a unique garden journey through numerous outdoor rooms with artful installations, rare botanical collections, diverse habitats, and a whole lot of joy. Today this private garden is in the process of transferring ownership from the founders so that it might be shared with the general public for generations to come. When you tour this garden, you are supporting the non-profit, Friends of Bedrock Gardens. A tour through the garden with executive director John Forti will take from 1.5 - 2 hours. The terrain is flat to gently sloping and covers about 3/4 of a mile. There are many places to pause and lots of seating along the way. Feel free to bring a lunch and stay a while. Bedrock Gardens was named 'Best Cultural Oasis' by NH Magazine, and described by the Boston Globe as "one of the most beautiful and intriguing landscapes in New Hampshire."

Presenter: John Forti is a nationally recognized lecturer, garden historian, ethnobotanist and garden writer. He is the executive director for Bedrock Gardens. Forti has been the Horticulture Director for Mass Horticultural Society, Strawberry Banke Museum, and Plimoth Plantation Museum.

Member tuition: 20.00, Note: \$20 admission fee will be added to your registration. Total cost \$40.00

1 W: 5/18/2022 | 10:30AM - 12:30PM | Class Limit: 19

Bedrock Gardens, 19 High Road, Lee, NH, 03861

Explore Odiorne Point State Park

The Odiorne family settled near Rye in the mid-1660s and lived at Odiorne Point into the 1900s. From 1942 to 1947, Odiorne Point was the site of Fort Dearborn. Come explore the park with a mostly level approximately 2-mile walk. Highlights include a walk along the shore with views of the Wood Island Life Saving Station and White Island Lighthouse, the Frost Point Breakwater, the Battery Seaman, the Dolphin Fountain, and the Odiorne Point Cemetery. Afterwards, participants can explore the grounds of the Seacoast Science Center and visit it for an admission fee collected at the door.

Note: This course is not for those who have difficulty walking.

Presenter: John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. He is a retired quality engineer, former trip leader for the Appalachian Mountain Club, and sometime poet.

Member tuition: 20.00 | 1 F: 5/6/2022 | 10:30AM - 12:00PM | Class Limit: 12

Odiorne State Park, 570 Ocean Boulevard, Rye, NH, 03870-2104

Great Bay National Wildlife Refuge Walk

Join us for a walk around this hidden gem of the Seacoast, home to fox, deer, osprey, kestrel, and an occasional bald eagle. We will walk the William Furber Ferry Way Trail (2 miles) and, if time permits, the Peverly Pond Trail (1/2 mile). Both trails are graded and include gentle inclines. Wear good walking shoes (no sandals or flip-flops), long pants (there may be ticks) and a hat. Cameras, binoculars and walking sticks are optional. No dogs allowed.

Note: This course is not for those who have difficulty walking.

Presenter: John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. He is a retired quality engineer, former trip leader for the Appalachian Mountain Club, and sometime poet.

Member tuition: 20.00 | 1 F: 5/20/2022 | 10:30AM - 12:00PM | Class Limit: 12
Great Bay National Wildlife Refuge, 4 Arboretum Drive, Newington, NH, 03801

Hike the Kuncanowet Town Forest in Dunbarton

The Kuncanowet Town Forest and Conservation Area derives its name from the Kuncanowet Hills. In Native American, Kuncanowet means "mountain place of the bear." While we may not see bear, chances are good to see deer, beaver, migrating birds, and other woodland creatures. We will take a close look at spring flowering plants and visit the sites of two mills, following the Mill Trail out and the Hobblebush Trail back, about 2.5 miles in all. This course involves moderate hiking, so tie shoes or boots recommended. In spring there are damp spots. Bring bug spray and water. The trailhead is at the end of Holiday Shore Drive off Gorham Drive in Dunbarton.

Presenter: Jo Hendry is a retired educator and naturalist who enjoys sharing the outdoors with like-minded people.

Member tuition: 20.00 | 1 Th: 6/16/2022 | 10:00AM - 12:00PM | Class Limit: 24
Kuncanowet Town Forest and Conservation Area, Holiday Shore Drive, Dunbarton, NH, 03046

“ OLLI at Granite State College courses in math, history, literature, and more stretch my mind. Teaching poetry and leading walks in the woods let me share my passions. I’ve travelled to Ireland (crossing one item of my bucket list). Working on committees lets me use the skills I developed when working. Most of all, I’ve made many new friends who I look forward to seeing again and again.”

- **John Russell**, Class of 2014

Kayaking the Contoocook

Join us for a relaxing day on the Contoocook River in Concord. We'll take a leisurely paddle on flat water. New paddlers are welcome, and instruction will be available. Canoe's welcome. Bring your own lunch and beverage. The put-in point can be slippery. Ability to enter/exit a kayak is required. You may bring your own kayak (\$5 fee payable at the site) or rent one (\$28 payable at the site). This is an outdoor, in person course. Social distancing, proper wearing of a mask and following COVID-19 safety protocols are mandatory.

Presenter: Nancy Frankel is a retired Girl Scout camp director. She loves to teach canoeing and kayaking to children and adults with TLC for new paddlers and tips for experienced ones!

Member tuition: 20.00 | 1 Th: 6/9/2022 | 10:00AM - 2:00PM | Class Limit: 12
Contoocook River Canoe Company, 9 Horse Hill Road, Concord, NH, 03303

Portsmouth Naval Shipyard Tour: From Sails to Atoms

For more than 200 years, Yankee ingenuity and craftsmanship have been the keys to success for Portsmouth Naval Shipyard. In this popular tour, learn about the role and achievements of the Yard in times of war and peace from a military historian's perspective. A government-issued picture ID is required. Participants will be transported by school bus from the Kittery Lions Club parking lot at 117 State Road, Kittery to stops in the Shipyard. Participants must be able to use the bus and negotiate stairs. Neither the bus nor comfort facilities are handicapped accessible. Gather at the meeting spot by 9:15 AM so the tour can start at 9:30 AM.

Presenter: Joe Gluckert is the historian at Portsmouth Naval Shipyard. Master Sergeant Gluckert is also the historian for the 439th Airlift Wing at Westover Air Reserve base in Massachusetts.

Member tuition: 20.00 | 1 Th: 6/9/2022 | 9:30AM - 12:00PM | Class Limit: 30
Kittery Lions Club Parking Lot, 117 State Road, Kittery, ME, 03904

Sanborn Mills Farm Tour: No Time Like the Past

Sanborn Mills Farm was a thriving community center in the mid-19th century with its water-powered sawmill, grist mill, and blacksmith shop. The mills and farm buildings have been fully restored and repurposed. Today it is a working farm with a mission to sustain and teach traditional farming and craft skills while stewarding its agricultural landscape for social, environmental, and economic benefits. It is a center for renewal of the human spirit, a place to cultivate creativity and joy, and an anchor for our individual, collective, and shared experiences. At the farm, they strive to expand traditional farming practices, including draft animal power, growing fruits, vegetables, animals, grains, trees, ornamental gardens, fiber, and other materials for use in making things and they offer workshops on traditional crafts including fiber arts and weaving, farming with draft animals, animal husbandry, blacksmithing and toolmaking. Join the founder for a tour of Sanborn Mills Farm, learn about 19th century agriculture activities, and about what is offered to the community today.

Presenter: Colin Cabot is the founder and executive director of Sanborn Mills Farm where he has spent the last twenty years restoring the infrastructure needed to make food, clothing, and shelter in the mid-19th century.

Member tuition: 20.00, Note: \$10.00 admission fee will be added to your registration for a total of \$30.00.
1 M: 6/6/2022 | 10:00AM - 12:00PM | Class Limit: 20
Sanborn Mills Farm, 7097 Sanborn Road, Loudon, NH 03307



Spring Birding Extravaganza

Explore the beautiful trails around Lake Massabesic as we welcome the returning migrants. Arriving from warmer climates, these beautiful birds are ready for a busy breeding season. In the field we will explore bird behavior, the latest ground-breaking research on bird communication tactics and meaning, and species identification techniques as we demystify what is occurring in our avian realm.

Presenter: Kelly Dwyer, founder of Nature Education Opportunities, is a self-taught naturalist, an environmental educator as well as a certified elementary teacher and certified wellness coach. She has been developing and presenting engaging programs on a variety of natural history topics for over twenty years. Dwyer sees herself as a facilitator, connecting people of all ages with the joys of nature and sparking the curiosity to continue learning.

Member tuition: 20.00 | 1 Sa: 5/14/2022 | 10:00 - 11:30AM | Class Limit: 20
Massabesic Audubon Center, 26 Audubon Way, Auburn, NH, 03032

Spring Birding in the Mount Washington Valley

In this two-day seminar we will learn about the common spring bird life of the Mount Washington Valley, both local inhabitants and migrants passing through on their way north. Following a two-hour indoor class Power Point and discussion of birds, binoculars and bird books, the group will spend the early morning, outdoors at a local birding hotspot. Participants should bring their own binoculars and bird books to the first class, if you have them. This class is open to anyone interested in birds, not just experienced birders. Walking includes some uneven terrain but is mostly level.

Presenter: Susan Lee describes herself as an enthusiastic amateur birder. In addition to birding in the Mount Washington Valley, she has added birds to her life list in fourteen countries including a recent trip to Australia. Lee enjoys sharing her passion for birds.

Note: First session is Tuesday, May 3 (10:00 AM - 12:30 PM), in the classroom. Second session is the next morning, May 4 (7:30 AM - 10:30 AM) in the field.

Member tuition: 25.00 | 2 Tu, W: 5/3/2022 - 5/4/2022 | Class Limit: 14
Conway Public Library, 15 Greenwood Ave, Conway, NH 03818

Tour the Merrimack River Flood Plain in Concord

Hike along the Merrimack River Floodplain, a scenic and popular destination for recreation. Learn about the trees, forests, wetlands, wildlife habitats and diversity along the bank of the Merrimack River in Concord. It's an easy, flat level walking trail. Total distance is 1.5 mile out and back along the river, approximately two hours. Bring a lunch and join your guide following the hike on the deck following the hike to learn about the conservation mission of the Forest Society in managing its 190 properties covering 59,000 acres statewide. Park in the visitor lot at the Conservation Center, 54 Portsmouth St, Concord and meet outside the front door of the Conservation Center. Wear comfortable hiking shoes and bring bug spray and water.

Presenter: Dave Anderson is the Senior Director of Education for the statewide Society for the Protection of New Hampshire Forests. Anderson's monthly "Forest Journal" column appears in the statewide NH Sunday News. His quarterly "Natures' View" columns are a regular feature in the Forest Society's quarterly magazine, "Forest Notes." Anderson is a writer and host of the Friday "Something Wild" feature on the stations of New Hampshire Public Radio (NHPR).

Member tuition: 20.00 | 1 Th: 4/14/2022 | 10:00AM - 1:00PM | Class Limit: 30
Conservation Center and Merrimack River Floodplain, 54 Portsmouth St, Concord, NH, 03301

Visit Pulpit Rock: Glaciation at its Finest

The Pulpit Rock Conservation area is "Bedford's Natural Treasure" and one of the town's best places for hiking, bird watching, and close-to-home outdoor experiences. The 338-acre parcel features the gorge and ledge named "Pulpit Rock," wetlands, Pulpit Brook, a number of small, picturesque waterfalls, rocky outcrops, and glacial erratic's, along with forest flora and fauna. Join us on a hike to this 14,000-year-old gorge that is owned by the Town and overseen by the Piscataquog Land Conservancy. You will learn about its geologic history, as well as its outstanding ecological features. Our hike to the Pulpit is of medium difficulty with roots and rocks to maneuver; stout tie shoes are necessary.

Presenter: Jo Hendry is a retired educator and naturalist who enjoys sharing the outdoors with like-minded people.

Member tuition: 20.00 | 1 W: 6/8/2022 | 10:00AM - 12:00PM | Class Limit: 20
Kennard Trailhead, New Boston Rd, Bedford, NH, 03110

Walk Around Wagon Hill Farm

If you've driven US Route 4 between Durham and Dover you've been by Wagon Hill Farm. Come join us for a walk by the water, through the woods, through the bob-o-link breeding grounds and ending at the Monarch Butterfly habitat. Wear long pants (this will be tick season) and sturdy shoes (no sandals or flip-flops). Hats, water bottles, and cameras are encouraged.

Note: This course is not for those who have difficulty walking.

Presenter: John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. He is a retired quality engineer, former trip leader for the Appalachian Mountain Club, and sometime poet.

Member tuition: 20.00 | 1 M: 5/23/2022 | 1:30 - 3:00PM | Class Limit: 12
Wagon Hill Farm, US Route 4, Durham, NH, 03824



Winter Tracking

This course begins with a 90-minute classroom portion reviewing winter animal tracking and winter tree identification. One week later, we will explore the trails at Tin Mountain Conservation Center to observe winter animal activity. If snow cover is adequate, we will explore on snowshoes looking for tracks and other signs that animals have left for us to help ID them. If snow cover is insufficient, we will focus on identifying trees in winter by learning characteristics of their bark, twigs, buds, needles, and silhouettes. The guidebook, *Track Finder* 2nd Ed. by Dorcas Miller, will be available for purchase for \$6.00 during the classroom session.

Presenter: Mary McEvoy is a certified Maine Master Naturalist and docent for the Greater Lovell Land Trust. She lives near the New Hampshire border and is a beekeeper and nature enthusiast. McEvoy regularly hikes, walks, snowshoes, and bicycles in the lovely forests of New Hampshire and Maine.

Note: First session is Wednesday, March 2 (9:30 - 11:30 AM) at Conway Public Library. Second session is Wednesday, March 9 (9:30 - 11:30 AM) at Tin Mountain Conservation Center, 1245 Bald Hill Rd. Conway, NH 03818.

Member tuition: 25.00 | 2 W: 3/2/2022 - 3/9/2022 | 9:30 - 11:30AM | Class Limit: 20
Conway Public Library, 15 Greenwood Ave, Conway, NH 03818
Tin Mountain Conservation Center, 1245 Bald Hill Rd, Conway, NH 03818

“ Joining OLLI at Granite State College has opened doors for me in my new community - meeting others with common interests, exploring the area, and learning new things!”

- **Martha Kaubris**, Class of 2018

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